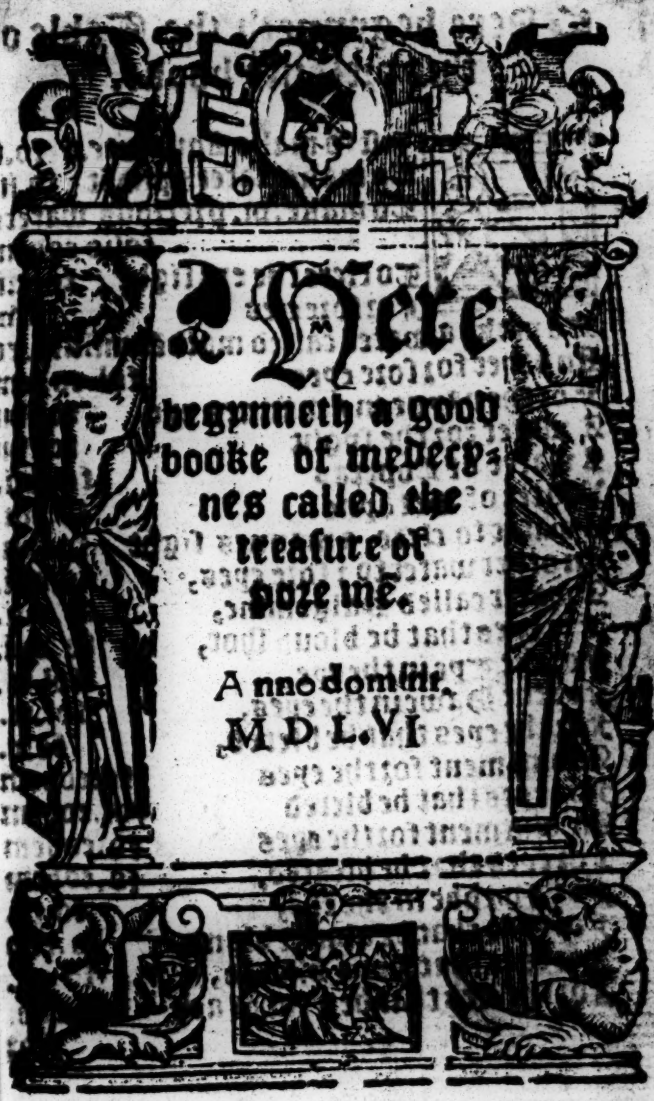
Here
begynneth a good
booke of medecy-
nes called the
treasure of
health.
Anno domini.
M.D.L.VI

Here begynneth the Table of this presente booke.

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HoVVe thou shalt make Aqua Vite.

NOw in ỳ beginning first I wil make perfit to you the composicion of Aqua vite, the whiche is called in Englisshe water of lyfe. First fil a potte of old red wine cleare & strõg, and doe therin pouder of Canel, gilofer, ginger, pelitory, hutimig, Galingale spikenarde, maces, quibibes, graines of Paris long peper blacke stromonten, comin, Fenell sede, smalage, persly, sage, mint, rewe, calamynte, and Horshowe of eche of them like muche, and be ware that thei differ not ỳ waight of a dram vnder or aboue at the moste. The waygyte of a dram is two pens halfpeny, than putte all the aboue sayd pouders in ỳ wine and after put them in a stillatorye

Canel is namome
Gilofer
Cloues

and distill it with a softe fire, and loke that thy stillatory be wel claimed, so that no fumositie go out, and loke that thi fire be good cole, also receiue thy water out of a lebicke in a vial of glas. Thys water is called the water of lyfe, and it may be likened to balme, & putte in the stede of balme natural, for it hath all the natures & kinde of balme, and al the vertues therof, and therefore philosophers dooe name it the seconde balme. This water is clere and lighter thã the water of roses, for it will flete aboue al licours, for if oile be put aboue this water, anon it seketh ȳ ground. This water kepeth flesh and fish, both raw & sodde in hys own kind, & state. Also as long as a man is withoutten wemme or rottyng if he be washed therin, it helpeth greatly agaynst aches in

the

the bones pockes and ſuch other. And no maner of thig that is put therein may not rot. This water of lyke draweth out the ſwetnes and ſauour of al maner of ſpices and of all rotes that ben therein wetted or layd. Alſo it geues ſwetnes to al maner of waters ỹ is migled with it. And it is good for all maner of cold ſickenes, & namely for the palſye, for quakynge of a mannes lyms, and for ſeatchyng of a mannes ſenowes, & it is good agaynſt the cold gout, alſo it maketh an olde man to ſeme young, alſo it ſtrengtheth al maner of ſpirites within a mans body whan that he hath dronken a quantytye thereof faſtyng, alſo it openeth a mans luſt by the which he may the better heare. And on woundes it fretteth away the dead fleſh. Alſo it deſtroyeth the Canker.

For to make Claret and pyment.

Take cloues of giloser, quibibes, maces, canell, gallingale, & make pouder, and temper it with good wyne, and the thirde parte of hony, and cole it throughe a clothe. And for nede ye maye make it of goodale.

For to tel of .vi. precious waters that Ipocrates made, and sente them to a Quene that somtyme was in Englande.

The first water is thys. Take fenel, rewe, veruen, endyue, betayne, germāder, red rose capillus veneris, of eche an ounce & stāpe thē & stepe thē i white wine a dai & a night, & destil water of the The water shal departe in three. The first part ye shal doe in a vial of glas by it selfe, and know ye of trueth ꝑ this water is as precious as golde, the seconde as siluer, the thyrde

capillus veneris is Dayden-eare the herbe.

thyrd part as precious as baume, and kepe these thre partes in glasses. Thys water shall ye geue to ryche for golde, to meane men for syluer, & to pore for baume. This water kepeth the eyes in clernes, and voideth the Quiterye and matteryng & sharpeth the sighte.

The seconde water.

To the seconde water take salgemme a pounde, and lap it in a grene docke lefe, and lay it in the fyre tyl it be well rosted and ware white, and put it in a glas against the ayer a nighte, and at morowe it shall bee turned to white water like vnto cristall. Kepe this water wel in a glas and doe a drop in thy eye & it shal clense and sharpe thy sight. And it is good for the euil at the hert, & for the Morfewe, & for sauceflem, & for the canker in the mouth, & for other euils in ỹ body

The thirde water.

The third water is as foloweth: take ẏ rote of fenel perseli, lowach endyue, betayne, an vnce, and first washe them wel in lewke water, and bray them wel, and than stipe them wel in white wine a day and a night, and than distil them into water. This water is more worth thā balme. It kepeth much sight, and clenseth it of al filthe, and refreyneth teares, and conforteth ẏ head, and voydeth the water that commeth by ache in the head.

The fourth water.

The forth water is this: take the sede of persely, ache, annis, caraway, veruaine, ana. ʒ. ʒ. of centory x. drammes. and bete all these to pouder, and doe it in warme water by a day and a night, and doe it in a vessel for to distill. Thys water is a precyous water for al sore eyes, and very good for the helth

of

of mannes body or womannes.

The fyfthe water.

The fyfte water is suche, that with it you may do many meruei-lous thyngs. Take Lymayl of syl uer, Golde, Latyn, Coper, Iron, Stele and lede. Also take litarge of golde and syluer, and take Ca-mamell and columbyne, and stepe al togethe in the bryne of a man chyld that is a maide by a day and a nyght. The second day in white wyne. The thirde day in the ioyce of fenell. The fourth day in the white of egges. The fifte daye in womans milke that norysheth a man chylde. The sixt daye in red wyne. The seuenth day in white of egges, and vpon the eyght day blende all thefe togethe & distyll the water of them and kepe thys water in a vessel of gold or siluer. The vertues of this water is this

Dengrene is houslecke.

First it distroyeth meselry & doth away all maner of sickenes of ỹ eies, ỹ perle, ỹ skōme of ỹ teares and the quiters, & draweth again into theyr owne kinde the eye liddes ỹ bene blered. And it slaketh the ache of the head. And if a mā drynke, it kepeth hys visage long to bee yonge. There is no man that can tell halfe the vertues of thys water.

The sixte water.

The sixte water is this. Take a stone that the golde smithes do vse in their craft, & doe it in ỹ fire tyl it be red as a rose, and sleke it in a pynte of white wyne, & do so ix tymes, & after grynde it and bete it small & clense it clene as ye may, & after set it in the sunne with water, distylled of fenel, ver neyne roses, selodine & rewe and a litle of the water of lyse, and whan ye haue sprynckled it in the water

water.ix.or ten tymes doit than in a viall of glasse, and yet vpon the reuercyon of thy water distyll it tyll it passe ouer the touche. iiii. or.v.inches, and whan ye wyll take of it stye altogether with a slyce, and than take vp a droppe wyth a fether, and doe it on thy nayle, and it abide, than it is fyne and good, than doe it in a eie that is running, or in the eye that may not well see, or anoynt thy heed that aketh therwyth and the temples, and of a trueth of al waters that are thys is most precious and helpyng for sight and for the ache in the heed.

For the clernesse and the sighte of the eyes.

If thou wilte learne to make water lumbarde, the whyche is very good for sore eies, take fenel vetue, roses, selodyne, and rewe, of eche.ii.vnces, and distil water

of

of them: for thys water is holsome for all maner of sore eyes.

Versus.

Feniculus, Rosa, Veruena, Celodonia, Ruta
Existis fit aqua, que lumina reddit acuta.

Another for the same.

Gather red snayles, & sethe them in clene water, & gather of ỹ grese and do it in a vyal & anoynt therwyth thyne eyes erely in the morninge, and late in the euenyng.

An other to claryfye the syght of eyes.

Take Red Roses, Smalage, Rew, Veruayn, Maydehere, eufrage, Endiue, Iengrene, hilwort, red fenel, Celidony, of ech a quarteron, and washe them clean and lay thē in good white wyne a day and a nyght, & than distyll thē, the fyrst water wyll be lyke golde, the

seconde

seconde lyke siluer, and the thirde lyke baulme, & thys water is for al maner of soze eies for a webbe, perle or hawe.

An other for sore eyes.

Take Smalage, Fenell, Rewe, Verueyne, Egrymonye, Betane, scabious, auence, houndestonge, Eufrage, Pympernell, red Roses and sage, dystil all these together with a litle vryne of a man chylde and .v. graines of frankencens, & drop the water at night in the eies and they shalbe hole by the grace of God.

To make water called maydens kmyle.

Take Lytarge in pouder and let it boyle ouer the fyre in vyneger, than take it fro the fyre and dystyl a water therof, & kepe it in a vessel thā take as much weyght of sandyuer and do it ī the same maner, put

put it in clere water and still it a
thou did before the other, but be
ware that thou dystyl them not i
one stillatory, for and ye doe, th
last water wyl be loste, except tha
thei be veri wel washed. And wh
these waters be made ech by hi
selfe, put a drope of the water t
the other water and it will be a
it were crudded milke. This wa
ter is good for to make a nesshe
skyn, and for to make the vysage
fayer and shynyng, and it is good
for all vysynges in mans yerde
and for the canker and sawce-
fleme, and mani other sickenesses
of the body.

Another for the eyes.

Take Egrimony, the leues of
veruen, of fenel, of rue and of ro-
ses and put thē in a stillatore and
spryng on them good white wine
and distill it. This water is good
for swellynge of a mannes eyes
that

that commeth of cold, and for bleared eyes, and also for eyes that be wosing. Also it is good for the pain of the eyes. It cleareth the syghte and thou wylt that the water be stronger, doo to it the leaues of galitricũ, and another herbe that is called *Morsus galine*, that is to say in Englisch chycke wide, it beareth a red floure.

For the payne in a mans eyes.

Take and distemper Allum and pouder of minte together and of their water put a drop in thy eye at euen when thou goest to bed, and another in the morynyng whã thou ryselt.

Another for sore eyes.

Take floures of an hauthorne, & floures of the withy, & make a water and this water is good for the

syghte

syght in the eye, & for the redne
in the eye, & for the burning go
& for eyes ỹ lyghtly do water, & f
webs in the eye of a mā or wom

A good water for mannes syght.

Take Sage, Fenel, Veruen, B
tant, Egrimony, Sanarunde, C
mebere eufrasie, pimpernel, Se
foile and Rewe, of al these lyk
much, and grynde thē in a morte
After that take pouder of Allum
a litle Camfere and mingle the
together with Eurose and distil it
and know you of a truth that thi
water is profitable for all euils o
the eyes and restoreth the syght
that hath been almost loste by th
space of three yeares.

water of Coporas.

Take Coporas and grynde it to
pouder, and doe a litle water to it,
and let it stande a daye & a night,

and

and cole it through a clothe, thys water is good for the eyes and for the canker in the mouth, and for noli me tangere in the visage.

Vvater of Betayne.

The water of betaine is good for sore eyes, and for the ache in the head.

An other Water.

Take turmentil, wayhore, & betaine & wash thine eies therwith

Wayhore is wylde Tansye.

A good water and a precious for to clere a mannes sighte, and to destroye the payne in the eyes.

Take ỹ red Rose & capillus veneris, fenell, Rewe, Veruayne, Eufrage, Betayne, calamynte, of eche lyke muche, so that ye haue vnder all. vi. handful, and let thē reste in white wine a day & a nighte. The second day distyl it in a stillatorye. The first water ỹ thou doest styll, it shalbe lyke colour of gold. The seconde of Siluer. The thyrde of

Balme

Baume. And thys water is call
ỹ precious water that is for lad

Another water for
sicke eyes.

Take good red wyne and com
and salt and put it in a pot, and
vpon the pot a Lembecke, & s
it fast aboute with good past, a
make a slow fier of cole. The fi
water that is distilled is good
all colde sickenes in the eyes
man or woman. The seconde w
ter is good for all maner of ho
maladyse of the eyes.

Another for the same.

Take and fil a pot of thicke dr
ges of good ale to the thirde de
and put therto a handfull of C
min and salt, and put a lembec
on thy pot, and lope it about wi
past and distil a ful precious wat
for eyes.

The water of Salgême is good for to clense the filthe of a mans eyes, and it is good for the Worfewe and for saucy flewme. And it is good for stynking gommes, and for the stynke of harne pittes of a manne. Also take a pound of Salt gemme, and wind it in cole leues and dooe it in hote asshes, & let it there seethin his own kynde til it be turned to whitnes. After that lay it on a marbls stone a day and a night, and that that goeth out therof wilbe as siluer colour. Than take that and kepe it in a glasse, and whan nede is dooe a drop in that eye that is sore.

For all euils of the eyes that been redde of bloude.

Take the milke of a kow and annoynte thyne eyes therwith.

For the ley of the eyes.

Temper arnimente with hony &

a litle of the white of an egge, and lay it to thine eies whē thou goest to bed. Also the gall of an hare temper it with hony and it is good therfore.

Another medicyne for sore eyes.

Take pure glayre of egges and Hony, and Arnumente well grounden togyther, and doe it to the eye wyth herdes of lynen.

Another for the same.

Take the ioice of Egrimony with the white of an egge, and mingle them together in Cotten or in a linen cloth, & lay it to thyne eye.

For the hawe in the eye.

Take peper and stampe it to pouder, take the mary of a gose that is olde of the wynges and mingle it togyther and dooe it in a clothe and brenne it to pouder, and doe ther of in the eye.

For

For them that may not see or them that haue blered eyes.

Take gynger and rubbe it on a whetstone into a fayre bason, and put therto as muche salt & temper it in wyne with ỹ ioice of Eufrage and let it stande a nyghte and a daye, & than take the ryndes of the clevenes that houeth aboue, and put it in a glas, and with a fether whan thou goest to bed, or as ofte as thou lyest thee downe to slepe anoint therwith thyne eye lidded within and without, & thou shalte be hole.

For sore eyes an oynt-ment proued.

Take vineger & put it in a clene bason, than take the floures of plumbes and mingle all together & let it stande three daies and thre nyghtes couered, then put it in a boxe and annoint thyne etes with in and wythout.

Another for the same.

Take rawe creme made of Ewes milke, and put abrode on the bottome of a fayre scowred bason, than take a vessell that hath stand with ale. vi. or. vii. dayes & poure out the ale, and wheline the pot or vessell ouer the basen all nighte, than put it in a boxe til thou nede it, for this is good.

Another for the same.

Take white ginger, made in pouder as fine as may be, and put it in a fayre bason that is faire. The take Eufrage and a litle salte and stampe thē together and put the ioyce of the ginger and let it stāde al a night and on the morow klete of the rym aboue and put it in a glas and anoynt thyne eye liddes therwith when thou goest to bed.

An other for the same.

Take the red Snayles that be with

without houses, and seeth thē in water, and after that brenne thē on a hote tyle stone and make pouder of them and medle the pouder with the fatte that moueth aboue the water, and whan thou goest to bed anoynt therwyth thyne eie lyddes.

For blered eyes.

Take the ioyce of wormwod and medle it with water made of the white of an egge, & put it to thyne eyes and it shal put the blode and akyng awaye.

An other for the same.

Take celidony, rewe, corsid, plantaine, annis, and as much of fenel as of al other herbes, and stampe them in a newe earthen pot and let it stand. ii. daies & two nightes and than straine it and anoynte thyne eyes in the euening and in the morning.

For a pinne or a webbe in the eye.

Take an egge & rost it hard, and take the white al hote & put in as muche white coporas as a peese, & all hote wryng it through a cloth and let it drop into thine eye one good drop, and this for yong and olde is proued a good medycine.

For eyes that be almost blynde.

Take the ioyce of Houndstrong or the ioyce of Centorye or of the ioyce of Sanicle or of the ioyce of Solsequiũ, and put any of these in thine eies that be almost blind and it shall helpe them.

For the eyes that be blasted.

Take tucia and Calamynte and washe them with white wine. ix tymes and then grynde them vpon a stone with some of the whyte wine and white gose grese, and Capons grese, and put thereof in thyne eye earlye and late for thy hath been proued.

For eies that be full of ache and red.

Take white ginger and rubbe it on a whetstone into a bason, and doe therto as muche white salte & grynde them wel together with a moloure stone, & whan it is small grounde do therto white wine, & than temper them well together, and let it stand so al a day and a night, than poure out the thinne of that that standeth aboue & doe it in a viall, and whan the sicke goeth to bedde annoynt well the eyes with a clene fether, and they shalbe hole for thys is proued.

For eyes that doe renne.

Take a red cole lefe and anoynte it with the white of an egge beten well and lay it to thine eies when thou goest to bedde and let it lie al night, and doe so often and it shal helpe thee by the grace of god.

For the eyes.

Take Celondine and stampe it and temper it with faire water & drynke it three dayes and it shall heale thy hed, and thyne eies shal be bryght euer after.

For the perle in the eye at the fyrste.

Take white ginger that is good and fyne & rubbe it on a whetstõe of Norwaye into a sauser of peuter & put therto white wine, but let it be muddye of the gynger and wyth a feder do it into thyne eies & let ỹ sicke vse this til he be hole

A precious water for eyes.

Take Fenell, Rewe, Celydonye, Veruayne, Eufrage, Clarry, Rosen, or the water of Rosen & stãpe the by the space of a natural daye in white wine, and than put al together into a Lembecks, & dystyll a water therof. This is called the water of master Peter of Spain, it clarifieth

it clarifieth and comforteth the eyes greatly.

For ache in the eyes.

Galene teacheth vs to take Ceruce wel wasshē. viii. drammes. Sarcocol. iii. drāmes. Amidū iii. drammes, Dragagant. i. dramme Opium. i. drāme and a halfe, pouder them well and sotelly & make them softe on a tylestone with rayne water, and make smal Trocyskes of them, and whan it is nedefull minister it forth.

The resolusion of humydities of eyes.

In the ende of Obtalmia men of that countrey doe vse this water for it resolueth & drieth ẏ straūge humidities that fallen in ẏ eyes. Take tucia preparate, Calomine and xv. drāmes of cloues. i. drāme of Hony combe with the hony and ẏ shalbe made to pouder, pouder it

sotell

sotelli, and put them al in. ii. dra
mes of whyte wyne and halfe
quarteron of water of rose an
Camfere a dramme, cole thē an
sotelly make a coloure therof.

The Pouder of mayster Peter de Villa noua.

This pouder dryeth teares an
rectifieth rednes of the eyes, an
it was made for pope John. Tak
Tucie preparate one drāme, Ant
mony. i. drāme & an halfe, Mari
ry perelesse. ii. drammes, floure o
red Corall. i. dramme & halfe. ra
silke & namely of the Peroke of
silke worme, cutte it as smal as
may be halfe a drāme, & make a
sotil a pouder as mai be made the
of, and kepe it in a boxe of metal

Of pouder called Bonauenture:

This pouder is good for almane
of spottes in ẏ eies. Take. i. drām
of suger Candy, Tucy preperat
hal

halfe a dramme, pouder them and passe them with water of Roses, and sparcle them abrod in a basō and reuerse the Basō vpō the fume of lignum Aloes, and of frankencens, and dry it and pouder it sotelly & kepe it in a bore of bras or pewter, and put it in the eyes with a pensel of Siluer.

For rednesse of eyes and teres.

Guido vsed to take a dramme of Tucie preperate, Aloe natorum halfe a dramme. Camfer. i. dram, water of Rosen a pounde and a halfe, wyne of Pongarnad halfe a poūde: that shalbe poudred, pouder it sotelly and mingle it wyth the other and shake it vpon hote coles with a litell boylynge, than cole it and kepe it.

A precious pouder for a webbe in the eye.

¶ Take. ii. drammes of Tucie, preperate

preparate and of Sangdragon
dramme, of suger one dramme,
bray them well together tyll it be
ryght small, and take that poude
and cast it into the eie without a
peril a litill at ones, for this med
cine is proued.

An other souerayne medicine for the eyes.

Take Celidony, Egrimony, Ver
uayne, Endiue. ana. M. i. and o
strawberies a good dis sheful, an
red fenil as much as of al ỹ other
stepe all these together in whyt
wine, and than styll it in a stillato
ry, and put it into a glas and tak
therof whan nede is.

An other for the eyes.

Take a stone that is called Pe
tra calaminaris, and a stone tha
is called Tucie. & than looke tha
thou haue fine Oley a quarte, and
put it in a pece of Siluer or Pew
ter

ler, & do therto thre peny wayghte
of Camfere, & thã take the stones
and lay them on a newe tile stone
and brẽne thẽ in ỹ fier. iy. times,
and euery time quenche thẽ in the
wyne with the Camfere, & so shal
the Camfere be gotten oute into
the wyne, and thã loke thou haue
a marble stone and a molour and
grynde Petra calaminaris and
Tucie theron small, and put it in
to the Oley that thesame stone
was quenched in, & se it be thine,
and after put that water into a
glas, & kepe it: & when thou shalt
occupy it, shake the glas tyl it bee
thicke, and let the man or woman
that is diseased with perle or web
or any other disease that is cura-
ble, let the pacient lye vpright and
put in hys eye a drop, and let him
lye for the space that one may go a
mile, and kepe him wel frõ quesy

meates

meates,and drinkes,and by t
grace of god he shalbe hole. Ta
out the camfere out of the D
when the stones haue been que
ched.ix.tymes therin,and kepe
for it wil serue for other salues

An other for sore eyes.

Drynke Isope and oculus chr
te inured with stale ale,and it wh
destroye it in the begynnyng a
suffer it not to waxe.

An other yf the eye be hurt with thorn
or stubble or other thyng.

Stampe Moulsere & drynke t
toyce therof,and lay three grasse
vpon the eye,and stampe egrim
ny and lay it to the hynder par
there agayne.

For the Webbe in the eye.

Ground Yuie destroyeth the we
in the eye well and soberly.and
be put in ones a day it wyll dest
it.

Anothe

Another for sore eyes.

Take Centory and make thereof lectuary with hony and let it be wel thicked & so eate thou thereof. It is good for the stomacke & it will make a man to haue good talent to his meate. If Centorye be stamped and tempered vp with honye it is ryghte good for sore eyes.

An other for sore eyes.

Galyen sayeth yf thou take Vyolettes Mir and Safron, and make of them a playster, and laye it to thy sore eyes if they be great or swolle, it shal ease the ache and swellyng.

An other for maladyes in the eyes.

The water of Fenel is good for the maladyes in the eyes.

An other for the ordure of the eyes.

The

The ioyce of ỹ rote of fenel med
led wel with hony doth awaye all
maner of ordure of eyes.
The rote is good for the dropsey.
And the sede is good for olde men
to claryfie their sight. And ỹ iuice
therof destroyeth lechery.

A soueraine medicine that helpeth a
mans sight and purgeth and cla=
rifieth hys eyes be they ne=
uer so blered.

First thou shalt take a good quan
tite of howlicke and stampe it in
a mortier and wryng out the ioice
clene, and put it in a brode vessell
a day & a nighte til it be clere, and
than poure out the clere frō the
thicke. Than take xx. egges and
seeth thē as hard as ye may. Thā
cleue the egge as hote as ye may
& take away ỹ yolke of euery egge
& set it vpright al hote as it were
in the white of the egge, with the

yolke

yolke in the shel in whete braune, and fyl it ful of the sayd water of houslike, so serue all the ;egges whiles the water lastes, and lette them stande so a day & a nyght, at the least a day, and put it in bials. Than take the sayed water & put in thyne eyes or wash them wyth a cloth in thys water early & late. Also take a culuer and let it blede on the right vayne vnder the wings, and anoynte thine eies with the blode. ix. dayes & .ix. nightes, & more if it be nede, for this medicine hath been proued manit times

For letting of bloude to saue a mannes syghte.

Who that letteth them blode on the .xviii. daye of Marche on the tyght arme, And on the .xi. day of Aprill on the left arme, they shall neuer be blind, for thys hath bene proued.

Of daungerous tymes to be let bloud in.

There ben thre dayes in the yere in the which no mā shouldlet him bloud neither for infirmities, nor yet none other euils, nor these dayes to take no drynkes though they be medicinable. These been the dayes folowyng. The last day of Apryl. The first monday of August. And the last monday of December. These three dayes be forbidden, for than ben al the vaines ful of blod of euery mā. And therfore if a mā or womā be lettē blod on these dayes, they shal die with in. xv. daies. And ye take any medicine in the aboue sayd dayes for any maladye you shall die shortly after. Also if ye eate any gose flesh in the aboue said dates you shall die wythin. xv. dayes after or els be mesell.

Thre other good daies there be to be let blode in for the Feuer, who that letteth him blode on these .iii. dayes he shall haue no Feuer. That is to saye the .xv. day in the endyng of Maye. The .xviii. daye in the beginning of March. And the .iiii. day in ỹ ending of Maye, who that letteth hym blode on the xvii. day of Marche, he shal haue no Feuer ne Tisike, who letteth hym bloude on the .iii. day of Apryl he shal haue no head ache. Who that letteth hym bloud on the .xvii day of December, of September or Sayncte Lambertes daye, he shall not fall in no dropseye, Frantie, nor Tisike, who that letteth hym blode on the .iiii. mondaye of July, or on the .ii. monday of October, he shall dye hastely, and all these hath bene proued manye tymes.

Here foloweth al the diseases of the head that be within as aches, mygrames with many other necessarye and profitable thynges.

NOwe will I shewe you of the paines in ꝑ head. And first for the ach in ꝑ head. Sethe veruaine, and wormwod, & wash thy head with some of the water or take lye of Veruayne, Betaine Camamel, Sothern wod, and washe thy head therewith thre tymes in a weke.

Another for thesame.

Seth rewe and fenell together, and washe thy head therwith, and make a playster of the herbes beten smal with whete braune, and bynd it in the mold & make a garlande of thy kerchare to kepe it in.

For al maner of head ache.

Take Veruayne, Betayne, wormwod, Celidony, Walworte, Rew

Rewe, and the barke of the Elder hony, and Peper. & al hole stampe them together, and sethe them in water, and drynke it earlye & late.

An other for the same.

Mingle a sponeful of the joyce of Betayne with as much wine and asmuche Hony, and put therto. ix. peper cornes, & drike it. iiii. dayes.

An other for the same.

Take Rewe, Veruaine, wormwood, Sage, Malwort, Heihoured Fenel, Plātaine. the grene of the Elder betwene the barke and the tree, of eche a handful, & wash them and stampe them small and do thē in a new earthē pot wyth a potel of red wine, another of stale ale, and seth it to halfe, but fyrste put therto a quarterō of an ounce of Pouder of Peper, and strayne it through a cloth, & drinke therof ix. dayes. viii. sponefull at ones

at euen hote, and in the morning cold, and washe thy head with the licour that foloweth.

Another for the same.

Take Rewe, Heyhoue, Betayne, Veruayne, Mintes, Hilwort, red Fenel, Wormwod, Sotherwod, of eche an handfull, and wash thē and shrede them small and sethe them in water in an earthen pot, and washe thy head with some of the water, and mingle the herbes with whete branne, and make a playster on the molde as hote as it may be suffred, and make a garland of a keuershefe to kepe it on, and with fiue plaisters thou shalt be hole on warrantyse.

For to clense the head.

Take and chewe Pillatorye of Spayne. iii. dayes a good quantitie and it wyll purge the head well and put away the ache and fasten the

the tethe. Or drynke the ioyce of Sage with ale. & it shal ease the.

To clense the head, the brest, the stomacke and to make one to haue good appetyte.

Take .iii. handefull of Centorye and seth it in a galon of water vn to a potell, and than clense it, and put therto a pynte of clarified Hony, and sethe it softly to a quarte. and drynke therof .ii. sponefull at ones early in the morning & late in the euenyng.

For the Vanitie in the hed.

Take the ioice of Walwort, Salt Hony, Mare, and Encence and boile them together and therwith anoynt thy temples.

For to cease the ache and swellyng woundes that be sore in the head, or in any other place, so that the bones bee not broken.

Take malowes, wormwod, mugwort, betayne, egrimony, hilwort

of eche a handful, than wasch thē, and stampe thē and put therto. iii. ounces of fayre whete floure, as muche honye, & as much barowes grece, & stampe them togither, and put therto red wyne and frye thē and lay them warme to the sore, but lay a red cole leafe betwene the playsters and ỳ wounde, and it shall seace the ache and putte awaye the swellyng.

Howe you shall knowe yf the brayne pan be broken.

If the flesche be hole aboue, take and shaue ỳ head there as ỳ sore is, and dubble a linnen cloth, and spreade on it the white of an egge, and bind it to all night, & on ỳ morow take it styl away, & loke if the cloth be moyst or drye, for if it bee moyst the panne is broken, and in the same place kerue the flesche, and let the blod out and annoynt it wyth

it with an oyntment made therfore, and thus thou shall saue him or els he is but dead.

For the migrayme in the head and for the postume in the head, for the dropsey in the head, for the feuer in the head, and for al aches in the head.

Take.iiii.peny weight of the rote of pelatory of Spayn, a halfpeny weyght of Spignard, and grynd them and boyle them in good Vineger, and whan it is colde putte therto a sponeful of hony, and a sauserful of Mustard & mingle them wel together, & hold therof in thy mouth a sponful at ones, as long as a man may saye two credes, and than spitte it oute into a vessel, and take more and do so.iii. or.v.tymes together. Fyste after thou hast dined at none, and after none at the gowing downe of the sunne, and whā thou goest to bed

and

and wasshe thy mouth and drinke and goe to bed, and vse thys medicine. iii. dayes and thou shalt be hole, for thys is proued.

An nother for the same.

Take galingale, halfe an vnce, Ginger an vnce, and an halfe, of Nutmegges a quarteron of an ounce, of Cloues a peny weighte, of the floure of Canell, a penye weight, Spiknarde a halfe penye weight, of Annis a quarteron of an vnce, of Elena campana, halfe an vnce, of Licorice half an vnce, and as muche of Suger, & bete them altogither, and vse of that pouder first & last a spōful at ones

An nother for the same.

Take Betayne, Sage, red Myntes, red fenell, of eche. iii. croppes, and eate them. viii. dayes or. xiiii. dayes & after take the grene rind of the Elderstocke of one yere growi

growing, and put the ioyce therof into thyne nose three dayes, three tymes a day lying vpright by the space of a myle.

For all maner of euil aches in the head.

Temper Rewe, and Aysell, and smere thy head therwith.

An other for the same.

Take Betayn, Veruayne, Wormwod, Waybrede, Rew, Walwort Sage, the barke of the Elder tre iii. cornes of peper, and temper thē wel togither in wine, and drynke therof eche day a draughte early and late tyll it be well.

An other for the same.

Take the gal of an Hare and temper it with Hony euenly, and anoynt therwyth thy temples.

An other for the same.

Drynke Pulyall and stampe it with

with his flowre in luke warme water or in wine.

Another for the same.

Take the grece of a hert and bled it with barly mele, and sorel, and bynde and temper al togither and plaister it to thy temples, for thys hath been proued a righte good medicine.

To purge the head.

Take the ioyce of primerose, and the milke of a kowe, and wyth a penne blow it into thy nosethylles, and it shal purge the head and make the hole.

For the ache in the head.

Camamel is good for ꝑ brenning feuer, that holdeth a man or woman in the head.

For the worme in the head.

Calaminte is good for to slee the worme in the head.

For ache in the head.

Fenell

Fenell ſodden in water ſwageth the ache in the head of a man or woman when the head is waſhē therwyth.

An other for the ſame.

Take Sage, Betayne, Wormwod, Rewe, and Heyhoue, of eche lyke muche, and ſeth thē in fayre water, and whan they be wel ſodden poure oute the water into a fayre clene veſſel and than take & grind the herbes in a morter ſmal and than take ſome thereof, and ſome of ẏ licour, and temper them wel together, and doe therto a porcion of whete braune to holde in that licour, & in the remnaunte of the licour waſhe the head of the pacient as hote as ye maye ſuffer it, & than lay the foreſayd playſter to the molde as hote as ye maye ſuffer it, & bind it on ſurely for falyng away, & let it lye ſo a daye & a nighte without remouing, and

wyth

with.iii.playsters and.iii.washinges,thou shalte bee hole and thy head ake neuer so sore.

For the migraime.

Take halfe a vnce of Galingale, and an vnce of Ginger, and halfe a vnce of Nutmegges, & a quartrō of an once of cloues, & a peny weight of Anneys, and a quartrō of an once of Elenacampana, and halfe an vnce of licorys, & halfe an once of Suger, & bete al these togither, and let the sicke vse this pouder first and last a sponeful at ones, and within. iiii. dayes thou shalt be hole, for Galien the good Philosopher vsed this medicine.

Here followeth a water to breke the Rew me in the bed, and to put away the pose.

Take a red Onion and breke it small and seth it in a litell Iysell, and

and afterwarde put therto a litell Hony clarified, and when they be well sodden togither put therto a good sponefull of great Mustard and than let it seth long all together, then laye the sicke vpright and put a litle of that water into his nose, & let him stande vpryght and anone therwith he shall nese do thus thre dayes euery day two tymes, and he shall be hole by the grace of God.

For *the migraime a true medicine.*

Take of Bole armoniake one part, of Sandragon two partes; and Mastick three partes, and make the in pouder all small, and take ꝑ white of an egge new laid and swing the pouder and it togeather and lat it on a litle flaxe, and laye it to thy temples by the eye.

An other for the same.

Take

Take the gal of an Nete that is of one couloure, & Comm ỹ is newe and well sifted, rubbe well and clene the nayles therof, and after make a pouder therof, and whan it is warme strowe alway the pouder of Comi in it til it be so thicke that ye may make a playster therof and lay it on the head of the paciente and sone he shal be eased, for thys is a proued medicine.

A *souerayne medicine for the megrime.*

Take Galingale halfe a dramme Gynger a dramme, Nutmegges halfe a drãme, Cloues. ii. drãmes, Annis a drãme, Elena campana ii. drammes, licorice half a drãme, Suger half a dramme, and make al these in pouder sotelly and let the paciente vse therof, fyste and laste a sponeful at oneg, & within foure dayes he shalbe hole sikerly

for

for Galien the good philosopher vsed thys medicine.

For to restore the brayne.

Make pouder of Betayn and vse it in thy potage and it will restore thy brayne and destroie the stone.

Here after shall folowe the best remedyes that be for defnes of the eres, or for renning of the eres, to euery man ryght profitable.

A true medicine for defnes of eres.

Take Betaine and Horehound and stampe thē two in a morter, & wryng oute the ioyce, & let the patient lye on the syde, and poure it into his ere & let hym rest.

For renning eares.

Violettes be good for rynnyng eres.

For a man that may not heare.

Take of a tree of an ashe that is of a fote long, and lay the middes

therof in the fyre, and kepe the wa ter that commeth out of ỹ endes, and take the toyce of rubarbe and wyne, and the grece of a freshe ele, of all these take euen porcion, and mingle all togither, and put it in his eares when he goeth to bed, and so doe euery night til it be hole.

An other for the same.

Take an vrchin and flee her and rost her, and kepe ỹ grece that dropes of her in a platter, and put it in hys eares, and he shall mende for thys hath been proued.

An nother for the same.

Take the gal of a wedder and Hony, of both lyke porcyon, and myngle them togither, and put it in his eares.

Here after folowyth good medicines for bledyng at the nose, or in any other place.

I wyll

I Will that you shal take ỳ mosse of the hasell tree growyng nygh to the rote, and cut ỳ crop away, and take ỳ midle parte of the same mosse, and laye it to the wounde and it will staunche bloude.

An other for the same.

Take Peruincle, and chewe it in thy mouth, and it wil staunche the bloud of thy nose.

An other for the same.

Take Betayne and Salt, & mingle them together, and put them in thy nose, and they shal staunch the bloud.

An other for the same.

Take Cinkefoyle and temper it wyth wine, and geue it to hym to drynke, and washe hys face wyth Aisell, and he shal soone stynte of the peryll.

An other for the same.

Take shelles that chickyns were hatched in, and brenne them, and

make pouder of them and put the pouder in his nose, and it shall staunche hym.

For to staunche bloud of a wounde.

Take leues of Rewe, and stampe them, and lay thē on the wounde, and it shall staunche it, for this is proued.

An other for the same.

Take a brome stalke and scrape of the rynde and make a ball therof, and doe it in the wounde and bynde it well with a cloth.

Another for the same.

Take salt and brenne it on a title stone and make pouder therof, & put it in the wounde.

An other for the same.

Take and scrape that is brenned of a caudron or brasse potte, and make pouder therof, and do it in the wounde.

An other

An other for the same.

Take wormes of the earthe and bren them to pouder, and put it in the wounde.

An other for the same.

Take and drynke the ioice of Ach and it wyll staunche bloude.

An other medicine for the same.

Take a linnen cloth and brenne it to pouder, and bynde it to the wounde or bayne that is harte.

For bledyng agaynst kynde.

Drynke the ioyce of Rewe, and take wathrode and Mint and lay to the wounde & bayne that wyll not leue bledyng in a linne cloth, and remoue it twise a daye, and it shall helpe either wounde or bayn, for thys hath ben proued manye tymes.

To staunche bledyng at the nose.

Bynde the temples of the pacient

with a list about ỹ head, in so much that the vaynes haue not theyr course, & drynke the ioyce of Smalage, and laye a peruincle lefe vnder the tongue, & it shal staunche.

An other for the same.

Take the sede that hangeth vpon the hasell boughe, brenne it, and make pouder, and blow it into thy nose with a gose quil, or drynke the ioice of Plantain & it shal staunche anon.

To know if a wounded man shall lyue or dye.

Take the leues of grasse of Pimpernel and giue hym to drynke, & he cast it vp he is not curable: geue hym to drynke iii. dayes Pimpernel, Bugle, and Saincle, to purge the wounde. And the wounde be on the head and brayne panne entamed, than geue hym to drynke no Saincle, for that wyll perysshe

the

ȳ eie. Or geue him pimpernel stam ped wyth water to drynke and it come out at the wounde he shall lyue. Or geue hym Letuse stam ped wyth water, and he spewe he shall dye. Or geue hym Mouslere wyth ale, and he holde it to the o= ther day the same time, he shal liue or els not.

Another for bledyng at the nose.

Take the ioyce of the Netell, and rubbe wel thy forehead therewith and it shall staunche it.

Here foloweth medicines for ache in the teth, also howe thou shalte make teth to fall by their owne accorde and to make tethe whyte, and first for toth ache.

MOst it is vsed, & best to take Alum, & brimstone, & brenne the on a faire tile stone, & tha=

make pouder thereof. and put to pouder of Peper, with that ſtãpe a clone of Garlicke ſmal & medle altogether and put in a ſmal linne bagge and lay it on the ſame ſide of the mouth within, and it wil do away the ache anone.

An other for the ſame.

Take Honny and ſeth it ouer the fyre and ſcome it, and put thereto pouder of Peper, and ſeth it till it be blacke, than take halfe a Sage lefe and lay the Hony theron and lay it to the tooth.

For the toth ache that commeth of wormes.

Take Henbane ſede, lekeſede, & pouder of encens, and reeles, of eche lyke muche, and laye it on a hote tile ſtone glowing hote and make a pipe of latin the neither ende ſo wyde, that it maye couer the ſedes and pouder, and thãhold ouer thy mouth open ouer the other

ther ende that the ayre maye goe into the sore tooth.

An other for the same.

Take the shauing of the Hertes horne, and seth it long in water, and laye it into the sore toth.

For the toth ache.

Take Uiniger and Mustarde, pouder of Peper, & of Pellatorye of Spayne, & the cornell of Nutgall, & boyle the all together. And the teth be holowe put therof into the teth or els about the gummes hote, and thou shalt be hole.

For the toth ache or for wormes in the teth.

Take Pepper and stampe it and temper it with good wine & sup therof warme, and holde it in thy mouth til it be colde, & than spitte it out, and do thus ofte, and thou shalt be deliuered of al anguische.

Another to make teth fast.

Take

Take hertes horne and brenne it, and put the asshes that come ther of, in a linnen cloth, and laye it to thy rotten teth, and it shall make them fast.

To make wormes to come out of the teth.

Take Henbayn, and red Primral of the heth, and virgin waxe, and make a cãdle therof, and hold thy mouth ouer the candel brenning that the smoke goe vp into thi teth and do so oft, and thou shalt se the wormes fall oute before thee, and than anoynt thy cheke with horse grece, and it shall doe thee good.

Another to slea wormes in the tethe.

Take the roote of Henbane, and serue it in shiuers, and lay it to the toth .iii. nightes, and it shal deliuer the ache thereof and slee the wormes.

In other

Another for the same.

Take the roote of Pellitorye of Spayne, and wash it cleane, and stampe it, & make therof thre smal balles in thy hande, euery ball the greatnes of a plome, and lay the fyrst ball betwene the cheke & the toth that aketh by the space of one may go a mile, & euer as the water gathereth spit it oute, and when thou thinkest it hath been there so long put it oute & put in another, and so do til thou haue spente all thee, and than lay thee vpon thy bed, and couer the wel & warme, and whā thou hast slept thou shalt be hole, for this medicine hath ben proued many tymes.

For the toth ache and the gomes that do swel.

Take the ioyce of the redde Nettell, and the white of an egge, and Frerekyls, and whete mele, and

make

make a playster and lay it to the sore where that euer it be, and it shal swage and heale.

An other medicine for the same.

Take a quantitie of pouder of ginger, and pouder of peper euen porcion, and seth them in a poket of linnen cloth, and wete the poket in a litle Aqua vite, and laye it vnto the teth there as the ache is & it shal drawe out al the malyce of the ache.

An other medicine for the same.

Take bursa pastoris and stampe it, and the ach be on the right side binde it vnder the lefte fote, & the ache be on the left, binde it vnder thy ryght fote.

For to fasten teth that be lose.

Take the barke of the tree that beareth the pomegraynet & mayslyke and of Olibanum, and recles, of al euen porcion, and make pouder

and

and temper it with Eysel and put it in a smal linen cloth and laye it on the gombes wythoute.

To make teth to fall by them selfe.

Take a waterfrogge and a grene frogge and seth them together, and gather the grece, & smere ther with thy gombes about the teth.

An other for the same.

Take the talowe of a ramme and plantayne and stampe them together, and anoynte the tothe therewith, and it shall fal out by it own accorde.

For stinking teth.

Take two handful of Comin and stampe it smal and seth it in wine and geue them to drinke. xv. daies and it shall make them hole.

For to make teth white.

Take hony, Salt, and Rye mele, and mingle thē togither and frote thy

thy teth therwith, and they shalbe whyte.

Here foloweth good medecines for the paynes in the mouth, and fyrst for them that haue loste their speche.

VVhē thou hast lost thy spech, take the ioyce of Sothernewod, or of Sage, or of Pimpernel and put it vnder thy tong. Or take wormwod and stampe it, and temper it with water, or with honny, & put it into the mouth of the pacyent, and he shalbe hole.

For them that speake in their slepe.

Temper the sede of Rewe, and Aysell together, or the leues, and drynke it and put some into his nosethrilles.

Another for the same.

Take the ioyce of Sothernewod and temper it with wine and drynke it when thou goest to bed.

Another

An other for the same.

Take the croppes of Rewe, and the croppes of Veruayne, of eche like muche, and drinke the ioyce therof when thou goest to bedde.

For them that dreme in their slepe.

Take Betayne, and hang it about the necke of the paciente, or geue the pacient ꝑ ioice therof to drinke when he goeth to bed and it shall cease.

For them that maye not slepe.

Take the beris of a Lorell tree, & breake them in a morter, and laye them in a cloth al aboute his head and he shall slepe.

An other for the same.

Take Egrimony and put it vnder the head of any parson, and he shall slepe til it be taken awaye.

To kepe one from slepe.

Seth a Garlike head & the huske and the stele togethe to the third parte and drynke it.

An other for the same.

Take Persly and Fenel togethe

For them that spit bloude.

Take Smalage. Mintes, Rew, and Betayne, and boyle them in good milke, & sup therof warme, and thou shalte amende.

For hym that may not eate.

Take Wormwod, Mites, Sage, and mises of brede that is browne and of Comin, of eche an handful stampe it smal and put it in a linne cloth or bagge, and wete it in Vi-niger, and as hote as thou may suffer, laye it to thy stomake, and it shall helpe thee.

For the great heat in the mouth.

Take a pint of water, and as much as a Nutte of whyte alum, and as muche of Sage, and a spontull of

of Hony and boyle all together, & wasche thy mouth with it.

For the canker in the mouth.

Cerfoile is a maner of a wod bind and beareth a whyte floure much like vnto the lily, and it is hote and dry in the seconde degree., stampe it & temper it with hony, it is good for the canker in the mouth.

For euyll in the throte or mouth.

Take the leues of the white vyne and boile them in fayre water, and when it is right well boiled, holde thy mouth ouer, that the ayer may go into thy mouth, stew right wel thy mouth, and than suppe of the water and holde it in thy mouth, tyll it be colde, and than put it out and take more, and do so. vii. or viii. tymes on a daye, and vse thys iii. dayes together. Also doo in lyke maner wyth the. v. leaued grasse, and vse it. vii. or. viii. times

on a daye and.iii. dayes together, and it must be sodden more than the lefe of the Vine, in faire water and it shal heale hym.

For a man that hath lost hys speche.

Take the ioyce of Sage, or primrose, and put it into the mouth of the pacient, and he shal speake.

For the canker in the mouth.

Take Mastike, Recelle, Galyngale, Spignarde, Giloser, Canel, and a pece of wollen clothe, and brenne of eche one an vnce, and make pouder, & put therof in thy mouth, whā thou wilt speke, with white wyne, or with the ioyce of waybred, and clarykyed Honny.

For the canker in a mans mouth, in hys chekes or in hys lyppes.

Take.viii. or.ix. leues of Sage, and stampe thē with a litle Salt, and Aisel, and make a plaister and lay to it.

Here

Here foloweth good medecines for them that haue stynkyng breth.

NOw for them that haue stinkyng breth. Take the ioyce of Hylworte, or els take butter, and the ioyce of Horshow, and the ioyce of Fetherfoye, and temper them with Hony, and euerye day geue the paciente a sponefull.

An other for the same.

Take two hādes ful of Commin and stampe it to pouder, and boile it in wyne, and drynke the sirope xv. dayes, and thou shalt amende.

An other for the same.

Take Pultall, and Minte, and drynke the ioyce, and vse Ginger, Canel and Nutmegges, and loke well and bee sure that there be no rotten toth.

For stynkyng breth.

Take two handes full of Comin made in pouder, & seth it in good wyne from a potel to a quart, and drynke at euen a litel hote, but in the morning as hote as thou may drynke it, and thou must drynke a pynt in the euenyng, and in the mornynge, and within .ix. dayes thou shalt be hole on warrantyte.

An other for the same.

Take Puliall of the mountayne that is called Hilwort a good hand full and washe it, and shrede it smal and grynde it small in a morter, and put thereto halfe an vnce of Pepper in pouder, and as much of Comyne in pouder, and sethe thē in a potel of wyne vnto a quart and vse it after meate and not before, ones at after none and laste at euen, alway hote, yet and thou take it fastyng it is good.

For stynkyng breth that cometh

fro the brayne out of the nose.

Take red Myntes and Rewe, of eche lyke muche, take the ioyce therof, and at euen whã thou goest to bed, put it into thy nosethyrlles, and lye so that it maye renne into the brayne.

For good breth.

Who that vseth to eate Uerueu it maketh good breth, and doth awaye the stynke of the mouth.

For stynkyng breth or stynkyng nose.

Take the ioyce of blacke Myntes, and the ioyce of rewe, of eche lyke muche, and do it in hys nose.

An other for the same.

Take thre handes ful of Comyn, and bete it small in a morter, and put therto a pottel of wine, & seth it tyl the halfe be wasted, & straine it through a cloth, & drynke therof euery daye fyrste and last, at euen

and at morowe, as hote as thou mayest suffer it and thou shalte be hole wythin.xv.dayes on warrantyse.

Here after folowe th good medicines for to make a man to cast or to perbreake.

Whan thou hast a mynde for to caste or perbreke, take.ii. partes of the ioyce of Fenell and one part of Hony, and seth it tyll it be thicke, and drynke therof in the morynng, and in the euenyng, for it is good for the splene and the lyuer and it remoueth the goutte.

An other for the same.

Take the ioyce of stone crop, for it is good for the same.

Another for the same.

Take the ioyce of Spurge for it is good for the same.

An other for the same.

Take Rewe, and temper it wyth wyne

wine and vse it somwhat warme

Another for the same.

Mintes is good in the second degree so sayth Galle, it comforteth the stomake, it restrayneth breakyng, it is good for the lyuer, and and the longes. And it destroyeth wormes in the wombe. And if a woman drynke it with water or with hony, it shal make her to haue fayre deliueraunce of the chylde.

For them that maye not holde their meate.

Take Horshoue. and Hill worte of euery lyke much, & washe them clene & stampe the, and put therto a porcion of pouder of Peper, and sethe them well together in fayre clene water, & let ỹ pacient drinke therof luke warme, first and laste and he shalbe hole of the malady.

Here foloweth good medicynes for the colde and the cough.

TAke isope, Rosemary, Plan-teyne & the rote of Radysche, of ech a quantitie, & seth the in wyne fro a potel to a quart, and than take them downe and poure out the licoure into the herbes in a morter, and mingle them well to gether, and strayne them in the licoure agayne into the potte, and than take a pynt of life Hony, and boile it and scomme it & put therto a quarteron of May butter that is clarified, and than let it seth by the space that one may saye the Psalme of Miserere mei deus, than take the vessel down & strain it throughe a linnen cloth, & take that licoure, and put it in a fayre vessel of glasse and let the pacient vse thereof fyrst and last at euerye tyme. vii. spones full in stale ale warme till it bee hole, for thys is a proued medecyne.

For

For the colde.

Take the ſede of the Netell, and ſeth it in oyle, and annoynte thy fete therwith and thy handes and it wyll doe awaye the colde.

For the coughe.

Take Sage, Rewe, and Pepper, and ſeth them wyth Hony, & eate therof a ſpõful firſt & laſt till thou be delyuered of the ſayd diſeaſe.

An other for the ſame.

Take Rewe, Sothernewod, and Roſe mary, of eche an handefull, and a quarte of clariſied Honny, and a quarte of wine, and ſeth thẽ altogether, and than ſtampe the herbes, and put them into that licoure agayne and ſeth them a lytyl, and than ſtrayne them and put the licoure into the glaſſe, and vſe therof. vi. ſpones full in ſtale ale, at euen hote and at morowe colde

For a man or woman that hath greatſicke

nes

nes in the sides, and may not well draw their wynde, nor cough for payne.

Take Vulial of the mountaine, otherwyse named hilwoyte Alisander, Perslp, Loueage, smalage, red Fenell, Burnet, Gromell, of eche lyke muche, and seth them in white wine till halfe be wasted, & than strayne thein and let the pacient dzynke therof hote, first and last.

For the cough.

Take Sage, Rewe, red Fenel, yssope, Comin, and the pouder of peper, of ech lyke much by weighte, and seth them together in honny, and make therof a lectuarye, and vse therof a sponeful at euen, and another in the moznyng.

For the drye Cough.

Take halfe a pounde of Licorice, and scrape awaye the barke, and stampe

stampe it in a morter, & put therto a galon of good worte, in a newe earthen pot, & an vnce of Suger, roset well poudred, & a quarteron of an vnce of pouder of Gynger, & a quarterō of an vnce of clarified hony, and sethe them tyll halfe be wasted, & than straine it through a cloth, & put it in a clene vessell, and let the patient vse therof first and laste, at euen hote, and in the morynynge colde.

For *the cough a good medicine.*

Take a handful of rewe, another of Sothernewod, another of rose mary, a quarterō of clarified honi and a quart of wyne, and seth thē wel together, & than poure out the licour, & stampe ꝑ herbes, thā put thē into the licoure againe & seth thē together a litel, thā straine thē & put thy licour into a glas & let the patient drynke it first and last.

A good

A good medecine for the dry Cough.

Take a pounde of Licoryce, and scrape away the barke clene, than stampe it in a morter, and put it in an erthen pot, and put therto. iii. quarters of the best worte ȳ thou canst get, and an vnce of Suger, & a quarter of an vnce of pouder of Gynger, and a pynte of clarified Honny, and than seth al together till halfe be wasted, & than straine it through a clene cloth into a faire vessel, and thā let the paciente vse therof first and laste, at euen hote and in the morynng colde, till it be hole.

An other for the same.

Take Annis sede, Smalage sede, and Violet sede, of eche like much, and bete them all together in pouder, and temper them wyth wine, as ȳ quantitye geueth, and seth the well together till it ware

thycke

thicke, and put it into a boxe, and let the pacient vse to eate therof tyl he be hole.

For the perillous cough a good medicine.

Take the ioyce of Sage, and the ioyce of Rewe, of eche lyke much, and a quantitie of Comin, and almuch of the pouder of Peper, and seth them all in claryfyed Honny, and so make a lectuari therof, and let ỹ pacient vse therof .iii. spones ful at euen and .iii. in the morning tyll it be hole.

An other for thesame.

Take Sage, Rewe, red Fenell, yslope, Comin, and the pouder of Peper, of euery one like muche by weight, and seth them together in hony, and make of them a lectuary, & vse therof a sponeful at euen and another in the morning.

Here followeth good medicines for swel-

lyng

lyng Vnder the chynne, for straitnes in the pypes, for them that haue muche sickenes for the paynes about the hart, and for swellyng Vnder the chynne.

VVhan thou wilt haue swelling from vnder thy chynne take an horse, and rip the balocke and get bloud therof, and annoint it therwith, and lappe it and binde it to al hote, and do so three dayes togither, and thou shalt be hole.

For straytnes in the pypes.

For straightnes in the pipes or in the brest, take dry Isoperotes, and of elena campana, of eche an hãdful, stickes of Licorice scraped and softe brosed. iiii. vnces and boyle al together, in a galon of renning water tyll halfe be wasted, than strayne it and with all the aboue sayed hote, put therto halfe a pint

of

of clarified Hony, and drinke ther of myke warme, a good draught euery day first and last.

For a man or woman that hath much sickenes.

Take hilwort, Alisaunder, Persly, Louage, red Fenel, Smalage Burnet, and Gromel of eche lyke much, and put the herbes in white wyne, or ale tyll halfe be wasted, & straine it and drinke it at euē hote and in the morning colde til thou be hole, it is proued.

For the sickenes about the heart.

Take rosemary, Isope, Centory, Betayne, and Iris, the whyche is a herbe lyke Gladen, but it hath a blew flower, seth them in fayre water and straine the water, and the voice of the herbes, & put therto

Hony, & boile it agayne & ſcomme it a litill, and put therto as muche butter as hony in the ſethyng, and myngle them well together, than take it downe and couer it wel, and geue the pacient to drynke therof, at euen hote, & in ỹ morning cold.

An other for the ſame.

Take. ix. croppes of Sage. ix. croppes of Iſope. ix. croppes of wormwod, ix. croppes of Tanſye, ix. croppes of water Creſſes, a quãtity of ſowre bred, and a quantite of Vineger and boile altogether tyll it be ſomwhat thicked, & than put it in a poket, & as hote as you maye ſuffer it lay it there as it greeth you.

For ſickeneſſe in the wombe and ryſyng at the herte.

Thou ſhalt take Perſlye rotes, and the ſtalkes of red Fenel, and waſhe them clene, & ſtampe them

in a

in a morter, of either of thē a good platter full.

For stoppyng of the pypes of the heart, and for flewme. A medicine proued.

Take a good bowle ful of barley, and put therto a galon of cleane wel water, and boile thē togither til ẏ Barley be softe as any whete for Formentie, and than strayne them through a clene cloth, & thā take ẏ water, & put therto asmuch good worte, wyth a peny worth of licoryce knocked, but not made in pouder, and a good handfull of isope, and an other of Sage, and boyle them altogether til one half of the licorice be boyled in, than strayne that Licorice throughe a clene cloth, and that that cometh throughe the clothe, putte it into a close vessell, & let it stande a daye; and than let the paciente drynke

therof a sponeful or two at euen, and in the mornyng first and last

For to comforte the stomake and swellyng at the heart.

Make a sawce of Sage, and Per sly, euen porcions with a litel rew and ysope, and mingle it wel with yeast, & let ỳ pacient eate the same with his meate, whether it be flesh or fysshe, and he shal recouer.

Here foloweth good medycines for the sickenes in the brest and sydes, and first for the great heate in the brest, that causeth great drines comming into the mouth, and stoppyng.

Do into a morter a good hand ful of Smalage, and a quantitie of the sowrest bread that thou canst fynde, and braye them in a morter, and stampe them tyll they be thicke, and lyke a playster, then lay it on a linnen clothe, and binde

bynde it about hys brest.iii.or. iiii. tymes and it shal dryue away the hete of the mouthe, and ỹ stopping of the head also.

For the clensing of any pacient that is incombred wyth Glete, and for the heart, and for the Liuer, and for the longes, and for to open the brest, and the Pypes of the heart that be full stopped.

Take a newe earthen pot, & take Betymoyel, Smalage, Grounde-swely, Louage, ysope, Hertes tōg Heyhoue, Alysaunder, and the roote of Elena campana, of euery of these like much by weight, and wasshe them clene, & stampe thē in a moyter and mingle them wel togyther, & take some of thē and put in a fayre earthen pot and put thē down with thy hand to ỹ bottom

and take freshe grece faire & new slayne, molten, and colde, & make a thinne bed in that pot aboue the herbes wyth thy hande, and than laie on another porcion of herbes and another bed of the same largenes, and doe thus tyll thy pot bee ful, and couer it close that no ayer goe out, and set it in a candron ful of water vp to the necke of ỹ pot, so that there go no water into ỹ pot, and let thẽ seth til the herbes be tender, and than take it downe fro the fyre, & strayne it throughe a cloth that is clene, into a cleane vessel, & therof geue to the pacient to drynke in warme wyne, or in warme ale last at euen, and fyste in the mornyng, & he shal be hole.

Another for the same.

Take Rewe, and Ambrose, of eche like much, and stampe them, and temper them with white wine, &

drynke

drynke therof three dayes fastyng

An other for the same.

Take Isope, Centory, of euerye lyke much, stampe them, and temper them with white wine, and drynke therof thre dayes fastyng.

An other for the same.

Take Isope, Centory, Coliander Annice, and Licoryce, and seth them well altogether in water til the third part be wasted, and geue to the patient therof to drynke, in the mornynge colde, and at euen hote. One galon of water is sufficient for the herbes. For Isope is a mylde herbe to heale a mannes brest, if it be stamped and dronkē with water fastyng. Also it claryfyeth the brest meruelously.

For stoppyng of the brest.

Take Rewe, and seth it wyth Aysel, and geue to the patyente to drynke therof.

For the euil in the breſt.

Take wormwood, Mynte, Calamint, Sage, and Vineger, and ſtampe them ſmal and take white bread, and toſt it til it be al brown, than take the bread & mie it ſmall and put all together and make playſter and laye it at thy heart.

For the breſt that is combuſt.

Take yſope, and ſeth it in wyne, fro a potel til a quarte, and let the pacient vſe to drynke therof, at euē hote and in the morning cold, firſt and laſt, and he ſhalbe hole.

An other for the ſame.

Take thre potels of renning water of a wel that ſpringes, and boile them al therin til it come to a pottell, and thā ſtraine them through a cloth, and ſet the licoure on the fyre, and take halfe a pynte of Hony, and a halfe peny worth of the pouder of Annes, a halfe pennye worth

woꝛth of the pouder of Licoꝛyce, and a peny woꝛth of Suger, and caste all these into the licoure and let them boyle wel, and than putte it in a vessel, and stop the pot that the ayꝛe go not out, and let the pacyente dꝛynke it in the moꝛnyng but not last at night and he shal recouer ryght soone.

A medicine for stopping of the brest.

Take rewe, & sethe it with Aysel and let the pacient dꝛynke therof

An other for the euil in the brest.

Take woꝛmwod, Mynt, Calamit Sage and Uiniger, and stampe them smal, and take white bꝛede and tost it til it be al bꝛowne, thā take it and mye it smal and put it al togethꝛer and make a playster & lay it to the hert.

For the Canker in a womans pap, and let no man drede it, for

thys medicyne is best therfore.

Take wormwod and the white of an egge and scomme it, and distẽper it wyth oyle of Violettes; and let her bloud on the vaynes about the pappes. &c.

For a Canker on the pappe.

Take the fen of a Geite, and the ioyce of Celodyne, & mingle them together and lay it on the sore.

For the Fester.

Take the ioyce of the rote of the foxe gloues, and temper it wyth mans vrine, and wring it through a cloth and washe the sore often therwyth.

To make a woman to haue a softe brest.

Let her drynke in ale Netel sede, and Salt & it shall make her hole

For swellyng of the brest.

Take wormwod, Sage, and Calaminte, of eche lyke muche, and stampe thẽ smal, and put therto a quantite

quantite of Vineger, and temper thē together, and take white bred and toste it browne, and grinde it smal, and boile them together, and stere it that it brenne not to, and lay it to the brest as hote as thou mayst suffer it.

For payne of the brest.

Take Isope, Persly, and Sage. and stampe them, and laye them to the brest.

For straitnes of the brest.

Take Hertes tong, Violettes, Cē-tory, Endyue, Pellatory, Peritory Fenel, and Ache, of eche like much And take the rotes of Pecingall, and.iiii.sedes of Durytill, and y-sope, and a parte of Suger, and seth them in a galon of wyne, or fayre water vnto a potell, and clense it into a newe earthen pot, and couer it well, lette it stande of nyghte, and than drynke of it

euery

euery day tyl they be hole.
And thou haue much sickenes in the body, seth Barly in water and kepe the fro al euel diettes, til thou be hole.

Another for the same.

Take Violet, Ache, Centory, and Licoryce, and seth them in water and dryncke it in the euening hote and in the morning colde.

For to purge the brest.

Take rew, & Ambrose, of both like much, and temper it wyth redde wyne, and dryncke it. iii. dayes.

Another for the same.

Take a quantitie of Slowes that be rype and grynde them small & put them into a newe earthen pot and fyll it full of newe ale newe clensed, & couer wel the pot aboue and make a hole in ỹ grounde & set thy pot therin and couer it wel aboue with earth, & let it stande. x.

daies

dayes and than take it vp, and drynke therof a cup ful at ones at euen hote and in ꝑ morning cold, and thou shalt be hole by the grace of God.

For the brest that is combred.

Take isope, and seth it in wine, fro a potel to a quart, and vse it at euē hote and the morning colde.

For the stomake that is colde.

Take Centory Mint, and Sauery, and boyle them in white wyne or stale ale in a close pot that there go no ayre out til the third part be wasted, and than drynke therof .iv. dayes in the morning hote, and thou shalt be hole therof.

For swellyng of the stomake.

Stampe Fenel rotes, and rotes of Smalage, of eche lyke muche and temper them with wine, and drynke therof warme at euen and colde in the morning.

An other

An other for the same.

Take wormwod, Agrimony, smalage, añ. m. i. barowes grece. i. M. boyle them together with wine til the coloure of the herbes fade, thã stampe them and strayne them into a panne with a conuenient quãtitie of whete branne, and make a plaister therof & laye it to the sore place as hote as may be suffred, and than take the gal of an oxe & Ribworte, and stampe the herbe, & se that thou haue asmuche of the toyce of the herbe, as thou hast of the matter of the gall, than boyle them togither till halfe be wasted, in maner of a playster, lay it to the sore place as hote as thou mayest suffer it.

For pappes that be broken and doo ren easly to helpe them.

Take sorell deboyes and lappe it in a worte lefe, and roste it in the

asshes, by the space of half a quarter of an oure, thā stampe it small and put therto Hony, & Vineger, mingle them togither, and put thē in a bore, but lay to the sore a plaister of Garlike, and mele boyled together in Vineger .2. or .3. tymes and than lay that salue in the bore

For hete in the brest that causeth greate drynesse commyng into the mouth and stoppyng in the head.

Take a good handefull of Swalage and bray it in a morter, and put to it a quantitie of the sowest bread that thou cāst get, & stampe them together tyll they bee thicke lyke a playster, than lay it on a linnen cloth and bynde it about hys brest .iii. or .iiii. tymes, or so many nightes, and it shal driue away the hete of the mouth, and the stoppig of the head.

For to breake flewme in the brest.

Take

Take croppes of red Mintes, and croppes of red Netels, and wormwod and temper them with wine or wyth colde stale ale, but wyne is better, and geue it to the pacyente to drynke in the morning next his hearte, and laste at euen, and he shalbe hole.

For a feuer in the stomake.

Conserue of Roses, is good for the Feuer in the stomake. Also it is good for al euils that are ingendred of hote humors.

For to make a drynke for womans pappes that are rancled, and be full of ache.

Take Groundeswilly, and two tymes asmuch of Brouswort, and washe them both and stampe thē and temper them vp wyth staleale and straine it through a cloth, and geue to the paciēt therof first in ꝑ mornyng and last at nyghte.

For the canker in a womans pappes.

Take

Take a quantitie of Garlike, and pyll it, and rye mele, or Barly mele, and bray both wel together and, boyle them both in good Wineger til it waxe thycke as past, and thā make a playster therof, and laye it to the pap tyll it waxe whyte, and than take Pimpernel, and grynde it smal and put therto lyke Hony, and than make thereof a plaister, and lay it to the pap, and couer it well and warme, and let the pacient drynke of thys drynke that foloweth. Take betayne, veruayne, Egrimony, Groūdswelly, Brokwort, Water, of eche lyke muche saue of ỹ mater, for of it thou must haue as much as of al the other by weight & washe thē & stampe thē, and seth them well in stale ale tyll the halfe be wasted, than let the pacient vse of thys drynke first and last tyl she be hole, but and the pap

bee

be very blacke, meddle not therwith for it is incurable.

A good lectuary for al maner of gnawinges and other euils in the brest, and for ratlyng in a mans throte, and for a bile and sore in the sides, and for the miste, and for the stomake.

Take Horshoue, Grounde swyly, Isope, Centory, Smalage, Fenel Rew, Goldes Pulyalryal, Nepte of euerye of these like much, and put therto Peper and Hony, that it be thicke as a lectuary, and whē thou haste tempered the ioyce of thyne herbes, and thy Hony and Peper together, and seth them well and stryre them, than put it in a box and geue to the pacientes a sponefull in the mornyng, and an other in the euenyng, and it shall make hym hole by the grace of god.

An other for the same.

Take

Take Sage and Rewe, and temper them with a litel fayre water for the herbes be drye of them selfe, and stãpe the Sage, and the Rewe, and take Comyn, and put into the ioyce of the herbes a quantity of Peper, and hony, and sethe thẽ wel together, and make therof a lectuary, and gyue to the pacient therof a sponefull at eue, and another in the moringe.

Another for the same.

Take, v. leued gresse, and stampe it with small ale, and geue to the pacyent to drinke therof. iii. spone full at ones, and seth Pulyall of the mounteine, and binde it to the nauel as hote as it maybe suffered, and the pacyente shall be hole within. iii. dayes at the most.

Another for the same.

Stampe Rewe, and Salt together, and temper it with stale ale,

and geue to the pacient to drynke therof, and the pacient shalbe hole by the grace of god.

Here folowyth good medicines for diseases in the syde.

TAke litle balles sodden of red wortes, and bren them in a newe earthen potte, and than grynde them to pouder, after that gather it together, with hony, and smere them wel together, and plaister it to the sore.

For the ache Vnder the syde.

Drynke Sage wyth wyne a litel warmed, and it wyll cease the ache vnder the sydes and of the wombe and of thy stomake. And it is good for the dropsey, and for the palsye and for the ache in the head.

An other for the same.

Drynke

Drynke Feuerfoile wyth wyne, & it wyl ceaſe the ache in the ſides.

For a woman that hath great ſorrow in the body Vnder the ſydes.

Take hilwort, Aliſander, Perſlye Louage, red Fenel, Radyſh, Elena campana, and ſeth all theſe herbes together in white wine fro a potel to a quarte, and let the paciet drynke therof in the morning and at euen tyll ſhe be hole.

An other for the ſame.

Take .iii. croppes of Tanſey, and the litle rote, and grynde them, and frye them in freſhe greece, or in freſhe butter, or Capons greece, and lay it to the ſore ſyde neyther to hote nor toc olde.

An other for the ſame.

Take Hilworte, Alyſaunder, Perſly, Louage, red Fenel, Smalage, burnet, & gromel, of eche like

muche, and sethe them in whyte wine vnto halfe, and than straine it and drynke thereof at euen hote and in the mornyng colde, and vse it and it shall helpe thee, for this is aproued medicine.

Here followeth good medicines for the Liuer, the Longes, the Spleene, and the Mylte, and a restoratyue for them that be wasted, and fynste for the Liuer, the Longes, and the Mylte.

Omely it is vsed to take ii. partes of fenell, & the iii. part of hony, and seth them together tyll they be thicke as a lectuary, and let the sycke vse therof first and last and he shalbe hote, but geue hym a purgacyon.

For the Spleene.

Take

Take the inner ryne of the Asshe tre, & stampe it & sethe it in wyne, & it wil hele the splene doutles.

For stoppyng of the spleene.

Take the Elder rote, and seth it in white wine, vnto the thyrd parte, and drinke there of for it cureth merueylously.

An other for the same.

Drynke the longes of the fore, made in pouder, for in all maner of men it healeth the spleene, for thys hath been proued.

For the spleene a soue-rayne medycyne.

Take two pounde of faire Bores grece, & .ii. pounde of ashes made of asshen wod, & a galon of fayre rennyng water, and seth them all wel together tyl the halfe be wasted, and thā strayne thē throughe a cloth and let it stand al a nyght. and in ẏ mornyng flete of ẏ grece

and cast away the water and medle ỹ grece wel together & straine it and put it into a boxe, and therwyth anoynte wythoute vpon the Spleene, and geue to the pacient to drynke that ensueth after.

Take the rotes of a yonge Alhen plantes, and a good quantitie of wormwod, and seth them well together in a galon of wine, tyll the halfe be wasted and let the pacięt drynke therof at euen hote, and in the morning colde, and let the pacient vse of this oyntment and of this drinke, & he shalbe hole within .x. dayes at the forthest, if there be any recure in him.

Here folowyth good medicines for the diseases in the wombe, for costyuenes, for the flyxe, for them that be burstē, for the wormes in the wombe, for the foundamente, and fyrste for the sickenesse in the wombe.

Now

NOw for the diseases in the wombe. Take Perslie rotes and red Fenel stalkes and wasshe them cleane and stampe them in a morter, of eche of them a good platter ful.

For the costifnes.

Take a morsell of larde, asmuche as thy fynger, and pouder it wyth Sage, and tyme, and put it to the foundament. &c.

For the costifenes of the suckyng chylde.

Smere the mothers pappe wyth her chewyng.

For a woman that hath many floures.

If a woman haue many floures, drynke of the white of stale ale & it shall helpe her.

For a woman that is swellen in the bely as she were with chylde

Take Sauetyne and stampe it and put therto good ale, and take

gete and white Ambre, and make them in pouder very smal, & geue her to drinke with the Sauerye, and make a playster of sauerye, of ysope, and of lekes fried in freshe butter, and lay it to her belye, and to her raines, and she shal be hole.

To stop a great flyxe.

Take halfe a pounde of Almōdes and blaunche them, and stampe them in a morter smal, & thā take twelue yolkes of newe egges rosted hard, and put them into a morter and bray altogether, and than take a pint of strong red Viniget, for it is best, & put it into the same stuffe, and myngle them well together, and than put all into a faire pot of earth and stampe it weland take thereof. v. or. vi. sponefull at ones, warme it in a pece & drinke it. iii. or. iiii. tymes vpon a day, if it be nede.

An other

An other for the same.

Take the rote of a great docke ẏ beareth the burre and the leaues of Oke and groundiuy, and make a bath of them, & put thy fete therin vp to the ancles, but no hier, & let thy fete stande long therin as hote as ye maye suffre it, and thā kepe them warme.

For to heale a man or woman, that is broken withoute cuttyng.

Take Betayne, Uernaine, Camfere, Hertes tong, daises, ẏ beryes of the elder or the leues, that are tenderest and Cambockes, take these herbes and stampe thē small in a morter, as ye thynke best, & let the most part be beate, & then teper thē with small ale or wyne, & drynke of thys licoure warme, last at night, and first in the morning viii. dayes.

For an olde man that is bursten.

Take

Take of Betany, twise as muche as of Camboke, & long wormes that ben in the earth in gardaines or in the hye wayes, wasshe them clene and braye them in a morter, and temper them with the Beram and Camboke and vse it in meate and drynke tyll thou be hole.

For the costyfenes.

Take the Pollipody on the Oke and wasshe it cleane and stampe it small in a morter, and take faire freshe grece therto, & take an olde henne that is fat and scalde her, & drawe her & washe her cleane and farse her wyth the Pollipodye and with the larde, and seth her well tyl she be tender, & let ỹ pacyente drynke therof the broth as hote as he maye, and take a great Onion and kerue out the core, & put freshe grece into it & seth it in the asshes and let it rosse till it be tender, and than

than stampe it and let it be layd to his nauel, & binde it fast al warme and let him drinke the broth before said with white wine or whey and none other drynke & he shal haue deliueraunce wythin .iii. houres.

For wormes in the bely a good medycyne.

Take Beten and Sauen, & drye them and make a pouder of them, and let the patient drinke thereof in hote water & as soone as ỹ pouder is down into ỹ bely it wil slee thẽ & bryng thẽ out an warrãtyse.

An other for the same.

Take Sengren, Fetherfoye, and Wintes, and stãpe thẽ and drinke the ioyce warme in wyne, & it wyll slee them, and bryng them out.

For the flyxe a medicyne.

Take the kernelles of great raysons and dry them and make pouder of them and medle thẽ wyth

the

the best red wine that thou canst get, and drinke therof alway, whā thou drinkest, and thou shalt sone be hole.

For a mans fundamente that goeth out.

Take the red Netel croppes, and bray them smal in a morter and do them in a earthen pot, and do ther to a good portion of white wyne, and seth them wel together to the halfe dele, and geue the sicke ther of to drynke first and last warme, and lay the substaunce of ꝑ herbe to the foundamente, as hote as he may suffer it, and let him vse thes medicyne tyll he be hole.

For wormes in the wombe.

Take Betayne, Sauayne, and dry them, and make pouder therof and let the sicke drynke therof in fayre hote water or in mylke, and as sone as it is in the stomake it wyll

wil sle the wormes, and bring thē out on warrantyes, for thys hath been proued.

Medicines for the Emerodes.

Take a stole with a sege and let it be closed to the ground, and thā take a panne with charcoole, and set it vnder the stole, and as hote as ye may suffer it set you theron and take frankensence, & knocke it into pouder, and caste in a good quantitie therof into the fire, & syt you on the sege as close as ye can and whan the smoke is gone, cast in more pouder in the fyre, and syt thereon whyle ye may.

Another for the same.

Take an Onion and cut the top of the brede of a peny, or .ii. pence, or more as the Onion is of greatnes, and put out al the heart therof and than take pouder of peper, and put therin a good quantitie.

And

and set on the toppe agayne and take a great lynnen cloth, & wete it in water and wryng it wel with your hande and than lap the Onion therin and lay it in the fyre tyll it be rosted soft, and than take it out and put the cloth awaye and lai it in an other cloth to your fuel as hote as ye may, and whan it is colde lay to an other, and so haue them ready alwaye. v. or. vi. or as many as ye wyll.

Another for the same.

Take egges and rost them harde and lay them to your fuel & whan it is colde take an other, as ye doe by the Onions, and if ye will putte verdegrete in your Onions some men call it better thā Peper, & ye wil cleue your egges and take out ȳ yolkes, & put verdegrece therin as hote as ye maye suffer it, lay it wyth the verdegrece to the fore.

An other

An other for the same.

Also take grece of netes fete, and a litel hertes suet, and anoynt the sore wel therwith, and than take a tile ston, and hete it in the fire, and as hote as ye may sit theron, and if ye haue no tile stone, take a stole and hete it hote, and if it bled take a litle bole armoniacke, and putto grece and suet and vse them toge ther.

An other for the same.

Also take gumme that cometh of an Iuie tree, and anoynt the sore wel therwith, and take a tile stone or a stole as I sayd before, and yf ye blede take a good quantitie of Mousere and a part of Betayne, and stampe them togyther and drynke the ioice therof with a litle old Ale. iii. morynges or. iiii. fyrst and last.

An other for the Emerodes proued.

Fyrste

Fyrst take a good quantitie of cor-
deners patches, and brenne them
on a tyle stone as litel as ye can so
that pouder may be made thereof,
and a litel quantitie of Alom, and
brenne it in lykewyse & make pou
der therof and blende them toge-
ther, and put therto the licour of a
swines gal, and of a brent swyne
is best, and if the gall be dryed vp
for long kepyng, thā lay it in faire
water al night, and it wil relese a-
gayne into ruddy licour, and if ye
can get no swines gal, than take
oile ẏ coriours dighte their lether
wyth, and blende it to your pouder
so that it be sumwhat standynge
lyke a playster, and if ye thynke it
byte to sore take more licoure, and
lesse alome, and if ye thynke it bite
not sore inoughe, than take more
alom therto, and whan thys me-
dycyne is thus made, annoynte
the

the ſore therwith & yf there be any pappes comynge oute of the tuell whan the ſore is anoynted, take a pece of the ſkinne of the gall, & lay the inner ſide of the ſkin vpon the pappes, & it ſhal eaſe thē greatlye, and yf the ſore be within the tuel, take and anoynte it within wyth your fynger, as farre as ye maye.

For an Impoſtume in the bodye.

Take Centorye, Roſemarye, Wormewode, Horehowne, and make it in a ſyrope with white wine, and let the ſicke take therof, & it ſhal cauſe the poſtume go downe, & when it is broken, let him vſe to drynke of the ſame ſirope warme.

For to deſtroy an Impoſtume or aſtyche in what place it be of a man or woman.

Take the rote of Hyllhocke, and waſche it clene, and ſethe it till it be tender, and thē put out the water

into a vessel, and thā take Linsede & Fenegreke, of euery lyke muche and that thou haue asmuch of the two as the rote that is sodden, & than sethe them in the same water tyl it rope as it were byrd lime, and than stamps the rote, and thā do therto Barlye mele, and mingle them well togither, and than frye them with bozes grece, & laye it to the sore, playster wise as hote as ye may suffer it within .iii. days and he shalbe hole on warranties

A playster for an Impostume.

Take the rote of Cheuerys, and the rote of white Malowe, & yolkes of Egges, and olde smere, the which Malowe shalbe sodde and than stāpe them all togyther and laye it to the Impostume.

Anothe playster for an Impostum of the pappe or any other lymme.

Take

Take Lynsede and sethe it in water tyll it be borsten, & take shepes talow & mel them with swete mylke and laye it therto.

An other for the same.

Take morel & the whit of an egge and Bene mele & mēgle thē togither & lay it on the pappe al colde.

For an Impostum in a mannes body.

Let him drinke Turmentine.

Here after foloweth diuers good medicynes for the morphewe.

A man shal first take water of Borage, & water of Fumitory mingled togither by euen porcions, & let the sicke drinke it at morow & euē, he shalbe hole Win. xiiii. daies

Another for the same.

Take Mustard sede, & Salte, and stampe them togyther, & temper them with Vineger, & anoynt the Morphew therwith.

Another for the same.

Take the rote of the red docke and pycke awaye the vtter moste blacke, than stape it with Salte, and temper them with Vinegar, & anoynt the Morphewe, therwith.

An other for the same.

Take blacke Sope, and Vynegar and whyte Brimstone, of eche of these lyke muche, and mingle theym togyther, and annoynt the Morphewe therwith.

A nother for the same.

Take the grene Coporas, and put it in cleane water, and lette it stande a daye, and than clense the water, and thē annoynt the Morphew with the water.

A nother for the same.

Take Fumitory and make water therof, & anoint the body therwith

A nother for the same.

Take Brymstone and grynde it and put it in a lytle lynnen cloth

two

two folde, and binde it fast therin and wete it in viniger, and anoint the Morphewe therwith.

Another for the same.

Take blacke sope, in a clene cloth and put in yelowe pisse and than anoynt the Morphew therwith.

Another for the same.

Let them drynke erly at morowe and late at euen water of Borage and of fumitory medled together by euen portion and within .xiiii. dayes they shall be hole.

For the Morphewe be it white or blacke.

Take an vnce of fine Uerdegrece and an vnce of Sulpher & make them both into small pouder, and take .ij. sheepes hedes that are fat and fley them, and cleue thē, and take oute the brayne and cast it away and than washe them cleane and seth them tyl they be tender,

and thā take the downe of the fire & let it stande styll til on the nexte morowe, & than gather of clene all the grece & mingle it with the pouder & than put it in a boxe & lette it come nyghe no fier after thou hast done the together but worke them alway colde, and that will hele the Morphew be it whyte or blacke & anointe the sicke therwith against the fyer euery night whan he shal go to bed & in the mornyng washe it awaye wyth vineger, & vse this medecyne tyll he be hole.

Medicynes for payne in the backe.

Take the rote of Auence & lycoryce and belse them wel altogether in whyte wyne fro a potell vnto a pynte. And take you an vnce of pouder of Canel, & halte an vnce of pouder of Galyngale,

and

and mengle al these wel together and geue the sicke to drinke euery daye at morne, and at eue ii. spone full, & than anoynte him well again the fyer with oyle Benedicta, and take Annes sede and stepe it well in fyne Vyneger, all a daye and a nyght, and than take vp the Annes and drye it in the wynde and cast awaye the Vineger, & let the sycke eate the sede for it is a pryncipall medicyne.

Another for the same.

Take Smalage, Egrymonye and Mouse ere and stampe them al together, and washe the well first and temper them wyth Vyneger, and than frye them well in bores grece and make a playster and as hote as the sycke may suffer lay it there as ye ache is & it shal hele him.

Another for the same.

Take lylye rotes, Camamel and

Annis sede, and stampe them all togither, and fry it in boyes greece, and put a lytel white wyne therto, and in maner of a playster laye it on a cloth, and bynde it fast to the backe or raynes warme, and after iii. or. iiii. dayes remoue it, and yf nede be remoue it agayne.

Medecynes for a Marmol.

Take bryme, and bete it to pouder & temper the pouder with oile made of Wyntes, and a lytle Vynegar therwith, and anoynte the sore, or elles take great walnuttes as they growe, the huskes and al, and bray them togyther in a morter, and temper it with oile Olyue, and frye it in a panne, and put to the frying a quantytie of pytche, & temper it with that thorow a lynnen clothe, and therwith anoynte the sore and lay Planteine leues, aboue the backe towarde the sore

and

and euery morning wash the sore with madder water.

Another for the same.

Take Grene walnuttes Hulkes, and braye them small in a morter, & put therto a lytell blacke pytche, and bray them al togyther, and after do therto a lytell quicke Syluer, and bray them wel together, and temper them with Oyle of Olue, and then frye them well togither, and make therof an oinment and anoynte the sore therewith, and laye thereon a waybred lefe, the blacke syde towarde the sore, and euery morning wash the sore with Madder water.

For to hele a Marmole or a Canker.

Take a pinte of pured Honye, that is to say, take ware in the combes, & breke it in a siue, ouer a basse or pot, & that honey that renneth

throughe the syue is pured Hony, and a quarter of renninge springyng water and a great quantite of Sage and seth al together as well as thou canst and washe the wounde with the lycoure and lay the Sage lefe on the wounde.

Medecynes for the Menasone.

If ye haue the Menason, take Cresses & eate them. iii. daies, and drynke therto low wyne or water & yf ye caste it out ye shal hele wel

Another for the same.

Take vyrgyne waxe and sethe it in the white of an Egge and eate it all hote and it strayneth the foundamente.

Another for the same.

Take a new bole and do it full of whete floure, and do it in a hote ouen, and let it bake as longe as breade dothe, take of the floure a measure of a cuppe & take. iii. hen

egges

egges yockes and the ioyce of myntes of bothe lyke muche, and bake it and eate therof, but not ouer muche.

A medicine for the laundies

Take the yocke of an egge and do awaye all the white and do the pouder of Sāsun whan it is bulted and mengle a lytell with the yocke in the shell and roste it hard and geue it the sycke to eate long before his meate and do so often tymes and yf the sycknes haue bene longe vpon hym.

Medicines for a tetter.

Take Arkeaungel, and Elena cāpana of eche herbe by him selfe one vnce take a halfpeny worthe of Salfrone and boyle it in a pot wyth a quarte of whyte wyne of rothell and boyle it tyll it come to a pinte, and than clense it through a cloth in to a clene pot of earth, & kepe

kepe it a day and a night, and take iiii. sponful at ones, first at morne and last at euen. ix. dayes vse it.

An other for the same.

Take white Spanishe sope, and a litel stale ale in a cup, and rubbe the sope agaynst ẏ cuppes botom til that the ale be white, thā shaue in a halfpeny weyghte of Juery, & let the sicke drynke it at morne & last at euen, tyll he be hole, it hath been proued and founde true.

Medicines for a tetter.

Take strawbery leues and groūd Juy, and stampe them together, thā take shepes talowe and frye them together well, than take a cloth and strayne it, and anoynte the sore therwyth.

An other for the same.

Take straw of Otes, and brenne it, than take the asshes therof, and put it on the place that wateceth,

and

and it shall heale it.

Here foloweth good medicines for the Feuers and for the hote Euyll, and fyrste for the feuer quartaine.

Take a hãdful of Parsely, and a pounde of Comyn, x. b. quartes of wyne, and sethe al togither, tyl the halfe dele, and then gyue hym to drinke that is sicke at morne cold, and at euen hote, and it wyll hele hym.

A medicine for the hote euyll.

Drinke Marigoldes, and Saffron, and stale ale within the third houre that it is come vpon a body, but dryncke no more therof after the thyrde houre is passed how so euer ye doe.

For to make a drincke for al Feuers, Postumes, or any other sickenes in mans body.

Take

Take euery daye of the powder before sayed for the Dropsy in the wõbe, and take Isope, Rosemary, Violet, Vernayne, Betene herbe John, Mouslere, marigoldes, plãtein Auence, Sage, Fetherfewe & of eche a handefull and washe them well and stampe them a lytle and do them in an earthen pot, and do thereto a galon of whyte wyne and let it stande al nyght well couered and on the morowe set it in a pot, and let it renne thorowe a clothe and do it in a clene vessell & couer it well and vse thereof .x. dayes at euery tyme halfe a pynte, at euen hote and in the morninge colde, whosoeuer vse this medecine shal be hole of all maner of these afore sayed sickenes by the grace of god so sayth Ipocras the phylosopher.

For the feuer quartayne.

Take .iij. sedes of Myrre before

the

the axes come, and it shal remoue certayne houres, or take a Garlyke heed and the rotes of Radysh thre peper cornes, and stãpe them wyth wyne, and drynke them and let the blonde in the bayne of the Wylt or make the hote by the fire and let the blod vnder thy sholder and thou shalte be hole.

For the feuer quotidian.

Stampe the sede of ache, and whan thou keleste the Axes come drinke it with thre sponeful of cold water, or drynke the ioyce of Fetherfewe and smalage, wyth water a good quãtite or the axes cum and they shall forsake the wythin thre drynkes.

For the feuer tercian.

Take the ioice of Plantane and teper it with wine or with .iii. spõfull of water and drynke it a litle

before

before the Ares come and laye the to slepe and couer the warme. Or take the lesse Sperwoorte and betanie & temper the ioyce therwith, with wyne or water, and drinke a cuppe full before the Ares come, and this wyll swage the coldenes.

Another for the same.

Take Betayne, Ambrose, horshow, Solsequium, Tansy, Mugwoorte, wormwod, Reue, Saulne, of eche a handfull and sethe them in water or in wine, vnto the third parte, but let the seconde be of wine, and the thirde water, and drynke a cup full or the Ares come, and anone it shall passe awaye. Or take the mylke of a gote, & sethe therin the seede of Blanscoke vnto the thyrd parte be wasted, and drinke it three dayes at euen and morne for it dystroyeth all Feuers.

Another for the same.

Take

Take a good handfull of wormwod and grind it as smal as greē sauce, and put therin brounbrede, and pouder of Comine, and temper it with Aysel made thycke as grene sauce, and whan thou seest the Ares come goo to thy naked bedde and make the right warme and laye it to thy stomake and lay lether nexte vnto the playster to holde in the ioyce, and binde it fast to the with a toweil tyll it be cold, and than lay to a new as hote as thou maist suffer, a while the ares dureth do so, and it shal heale the.

An other for the same,

Take Urtica greca, Plantaine, Dandelyō, Myntes, wormewod, Smalage, of eche a handful, and boyle thē in a galon of water vnto a potell, and thā set it downe to clere: and drynke the fyrst daye. ix. sponeful, the second day. viii. and

so euery day a sponsfull lesse til ye come to one day one sponeful but drynke not tyll the fres come, or begyn to come, and within tenne dayes it shall goe awaye, for this hath bene often tymes proued.

For a feuer tercian.

A feuer tercian is engendred of great abundaunce of red color roted in the bodye, as it is proued of wyse mē, and if ye wil be cured therof lyghtly, take quintessens. and yf ye haue not it, take good Aqua vite and put therto a lytyl rubarbe or new ale or some other thinges good to purge red color, and stur therin the ioyce of Dādelyon and vse to drynke these waters bothe at mornynge and euenyng and without doubt ye shall be hole lyghtly.

For a Feuer cotidian.

A Feuer cotidian al maysters ac-

accordeth that he is engendred of a great rotte in flewme & of his aboūdance he is colde & moyste, for it take Quintessens & if ye lacke it take Aqua vite and put it in a lytle Euforby, or pouder of elder floures, or of sum other that pourgeth flewme, & vse to take this at morne & at euen & ye shalbe hole.

An other for the same.

Take one galon of whaye and sethe it to a potel thā take a handful of borage and a hādful of langdebefe, halfe a hādful of of Dāde-lyon a handful of Sorell, & sethe altogether to ỹ quantity of a potel than straine it, & set it on the fyre againe and let it seth, & in setting clarify it with the whit of an egge and when it is soddē and clarified scome it clene and put it in a erthē potte stopped and vse to drynke it luke warme, and it wil helpe you.

An other for the same.

Take a potell of Wylke, and a saucer full of Lettuce, and faire water, and whan the Wylke is somwhat warme put it in the lettuce and water, and it wyll waxe to a curde, whiche put awaye, and kepe the whay: than take a handful of Borage, Londete and fetel.

An other for the same.

Who so drynketh the ioyce of Betayne an vnce, and the ioyce of Plantane wel mengled togither, he shalbe safe for the feuer tertian and be he neuer so sicke. Also it is good for wormes in the wombe.

Now it is to tell of diuers medicines for the Canker and fester.

Take mastike, Recles, Galyngale, Spignard, Gelifer, Canell, and a pece of wolle cloth a vnce of eche one vnce, and make pouder and do thereof

in

in the mouth and wasch the mouth whē thou wilt speake with whyte wine, or wayborde voyce, and scō-med Honye.

An other for the same.

Take. viii. or. ix. leues of Sage, and stampe them with a lytle salte and Asel and make a playster and lay therto.

For a canker in a womans pappe.

Take wormewode and the white of an Egge, and scomme it, and distemper it with oyle of Violet, & let her blode on the vaynes aboue the pap.

A playster for the Canker.

Take Lyme in his vertue that is not quēched and blacke Peper, and Orpyment, and strong Aysel and Rew, Hony, and Barly mele euenly, and boyle them in a newe pot tyll a man may make pouder of them, that pouder is good for to

slee bothe the canker and fester.

Another for the same.

Take lene Bacon and bren it and do it into ꝑ sore, for it is good for the goute fester.

For a Canker on the pappe.

Take fenne of a geite and the ioyce of Celodine and blend them together and do it to the sore.

For the Canker.

Take one pounde of Virgin wax and a pounde of barowes greece molten togyther and halfe a poũde of pured frankencence, an vnce of Mastike, halfe a poũde of Spanysche Cod, a pounde of stone pytche .iiii. penye wayght of Verdegrece, take all these thynges and breake them small and put thẽ on the fier & melt them togyther thã pouder thy Verdegrece and put it in & alwaye styre it fast for cleuyng to the botom, thã take

it do wne, & let it kele til thou maist strayne it, but afore let wete the pannes botom for cleuing to, and whan it waxeth colde scomme away the fome aboue.

An other for the same.

Take newe fresh Chese & take smal pouder of resalgar & mingle it with life hony & sprede it vpon ẏ Chese and take womãs milke ẏ is new milked & with a fether anoĩt it aboue & lay it to ẏ sore whã thou goest to bed, & if ther be any cãker therin he wil cum out & eate therof, & anone he shalbe dead for this hath bene proued and foũde true.

To sle the Canker within a mans body.

Take the rote of Dragons and breke it in smal peces and dry it & make it in pouder, & take .ix. penywayghte of the pouder and put it in wyne and sethe it wel, and thã let the sycke drinke therof warme

fastyng .iii. dayes and he shall be hole and neuer haue it after on warrantise.

For Vaynes broken with in a mans body.

Take Aueron, and Rewe, and stampe together and mingle the ioyce with stale ale, and geue it the patient to drynke.

An other for the same.

Take floure of roses and Barlye and make a playster and bynde to the forhed & to the two handes & bynde thy knees aboue & beneth & the elbowes aboue and beneth & let hym bloude at the one arme.

An other for the same.

Take Bursa pastoris and fret it wel in thy handes and holde it to theyr nose.

For bolnyng of a Vayne.

Take whete floure the ioyce of Ache and talowe and make a plaister therof.

An other

An other for the same.

Also take whete floure and Hony and make a playster therof.

An other for the same.

Also seth in water groūde Benes and shepes talowe, and make a playster therof.

For a Vayne that is broken in two.

Take blonde and blende it wyth Oyle, and smere the arme or the stede that is broken, and bind the vayne that is broken.

For Vaynes and sinowes broken.

Take Oreluen and Lynsede and the floure of the white Malowe and the rotes of the Lily, and frye all togyther in grece, or in swete mylke, and make a playster therof & it shall swage the anguysshe. S. Cutbartes plaister is good for the soze and starkenes of synowes.

Another medicyne for the same.

Take the mylke of a kowe that

is of one coloure, and the ioyce of Smalage & clene whete flower, & sethe thē wel & lay to the Legge or arme for starkenes of the sinowe.

To staunche blode whan a mayster Vayne is cutte.

Take a pece of salte Beke ȳ fat and the lene together as much as thou thinkest wyll go into the wounde and lay it on the hote coles & let it roste there tyll it be thorowe hot, & al hot put it in the woūd and bynde it fast and it shall staunche anone.

For to make a playster of herbes for ioyntes that are senowe sprent.

Take Grouñd Iue, Brockleme and Sincom, and Neppe, & Brose worte and Sengren, and ȳ croppes of Petimorel, & croppes of the herbe benet of eche of al thete like muche and washe them clene and stampe them and boyle them in a panne ouer the fyer well, and as

hoet

hote as the ſicke may ſuffer it, and ſo lay it to the ſore and it ſhal ſeaſe the akynge, and doe awaye the ſore and ſwellynge.

Here foloweth diuers good medicynes for the ache or ſwellyng in the legges, fete, or armes, and fyrſt for legges or the fete.

Take otemele & milke of a kowe, and put thereto the ioyce of Segren & ſhepes talowe and let them al boyle together tyl it be thycke, and make a playſter therof and laye it about the ſore and that ſhal ſeaſe the akyng and put away the ſwellyng of the ſame.

For al maner of ache.

Take Sage, Rewe, Wormewode, Lorell leues, Herhund, red Nettels

Netteles, and stampe thē al togy-
ther, & mingle thē with May but-
ter, and let it stād so. x. dayes after
frye thē & strayne thē clene, & than
melte therwith Encens and this
serueth for all maner of aches.

For ache in the legges or armes.

Take rewe, broswort, & rotes
of smalage, of eche like much and
stampe thē as smal as thou maist
then put thereto. iii. yolkes of eg-
ges, and a good quātite of Hony,
and a penyworth of kydlope and a
lytle salte, and stampe them toge-
ther with herbes and al, and min-
gle thē with whete floure tyl it be
thicke to one playster, thē lay it on
a wollen cloth as large as the sore
is, and warme it againste the fyre
tyll the colde be out, than bynde it
to the sore and let it lye thereto a
daye and a halfe, and remoue it
not in no wyse if ye wil be hole for
he shal suffer paine til it plaisters
haue

haue ouercome the ache: and whā it is taken of, shaue the playster cleane and lay on freshe grece on the same cloth, and let it be thereto a night and a daye, doo thus three tymes, & it shal be hole if it be curable, and anoynte it after with ioyce of Plantayne til the skinne be hole, or els with cattes grece or dogges grece.

A salue that is both a clenser and a healer of woundes, and will seace akyng therof.

Take the ioice of smalage, of petymorell & of planten of eche lyke much, & take lyfe honnye and the white of an egge and of eueryone the same porcyon ryghte as thou doest of the ioyce, take as muche ioyce as wil in the shel of an egge of one herbe is ynough, and than mingle it al togither and do therto bulte floure of whete & always styrre it fast til that the floure and

al

al the other thinges be well mingled togither, & make it al so thick as it were pappe, and loke it come nere no fyre by no way, but al cold take and lay it to the sore, and vse this salue til ỹ woũd be fayre brought into his owne kinde againe for it doth both cleanse and heale.

For an open wound that Wyll not sease a Kyng.

Take Egrimonye, stampe it small and temper it with lyke bonye that it be wel moysted, & then laie it into the wounde & it shall cease a kyng within halfe an houre, and right so wyl Bugle and Hony doe the same for both hath ben proued

A nother for the same.

Take Brome, and Neppe, and stampe them togither and temper it with wyne, and gyue the sore man to drynke hote, and it dothe take awaye the akynge thereof.

For

For akyng or ſwelling in the eyes.

Take the rote of walwort and ſethe it in water, but do away the ouermoſt rynde thereof and take the mydle thereof and ſtampe it & frye it with boyes grece and make therof a playſter and al hote lappe it all about the ſwellynge.

For akynge or ſwelling in the knees.

Take Rewe, and Lowach and ſtampe, them well togyther, and mengle therwith a porcion of honye, and frye them togyther in a panne and lay that plaiſter to the ſore al warme and it ſhall eaſe akynge and ſwellyng.

For all maner of akynges of ſtrokes, of woundes or of any other maner of ſore.

Take the rote of Holyhoke and ſethe it well tyll it be tender, and than grynd it in a morter and than

do

do therto a good quātity of whete floure & mingle them wel togither and than frie them vp with oile of Olyue, and as hote as he may suffer laye this playster to the sore and it shall sease the akynge.

For aking in the brest.

Take Mogwoxte and tempet it with olde swines grece, and tēper it with aysel & make therof a playster and put to the sore.

An other for the same.

Take Docke rotes and stampe them and fry them in old swines grece, and make therof a playster and laye to the wrestes and it shal do away the akyng.

Here followeth dyuers good medicines for the pestilence.

Take a good handful of rodes other wise called marigoldes a handful of scalions, as much of maidēhere & Vitaūder, halfe a handfull

handfull of Pimpernell, of sinke-foyle, and of fetherfoy. ix. croppes of tansay, and take therto halfe a quartron of Bole armoniake and an vnce of Brimstone, & breke the to small pouder, then bruse a litle thyne herbes and put them in a stillatory, & mingle the saide pouder among the herbes altogyther in the stillatory, and or they begyn to styll take halfe a quarteron of Triacle, and spreng among them and so perfume this stylling. &c. Than take the water aboue sayd to a body hauyng botche and purples, and it shall heale hym.

Another for the same.

Take herba benedicta, gracia dei, and Scabious and styll these. iii. and take the water of thē, giue it to a body hauyng the forsaid sicknes, & it shal congele the blode to restore againe to his own nature.

Another for the same.

Take Watfelon, Betany & the rotes of turmentine & grynde thē to pouder and drynke them in ale, and the kynde of them were to be dried in the sōne, for thē they wold grinde best: & this wil saue his life if ỹ spottes were brokē out on him

Another for the same.

Take .iii. spones ful of Vyneger, and .vi. of fayre water, & almuche triacle as a damson or a plum, and put al these together and mengle them togyther, & thā put it ouer ỹ fire tyll it be warme, & let the pacient that is diseased drynke it and than walke the space of a myle.

Another for the same.

Take tansy, & fetherfoy, columbine, & sage, of eche a hādful, and stampe them and drynke the ioyce weyth tryacle.

Here folowe th dyuers good medicines for botches, biles, and old sores and fyrst for botches and for olde sores.

Take

Take a pounde of virgin waxe, and a pounde of Frankensence, & a vnce of Mastike, halfe a poūd of spanishe Cod, and a pounde of stone Pich, and thre peny waight of Verdegrece, take al these foresayde thinges and breake them small, & put them in a fayre pan, & set them ouer the fire, and melte them togither, & whē they be molten, pouder ẏ verdegrece and doo it in, and euer stirre it wel for cleuyng to the botom, and than take it downe and lette it kele till thou maiest straine it, & whē thou strainest it wete the panne, that it may lose the better fro the panne, and whan it waxeth cold with a fether scome away the fome of it aboue.

To bringe a botche out of one place into an other.

Take Oculus, or Veruayne, and stāpe it & laye it. ii. finger brede fro

the botch, & it wil folow after, and when it is remoued than laye on newe to it ouer two fyngers bred thence, and do so til it be remoued to the place that thou wilt haue it.

A *playster for byles,*

Take Cincon, Fenugreke, and Malicolum, and Linsede, mintes of eche lyke muche and seth them well in clene water, and make a playster thereof, and laye it to the bile and it wil make it rotten.

For a botch.

Take the rose, and leues of strauberyes and let it be beten in a morter and let the sycke manne drynke the ioyce and it shall driue out the botch on warantise.

For to make a byle breke and rotte also.

Take galbanum & clense it at the fier & make a playster therof & laye it to the bile, it. dayes without any remouing, & do so til it breke, for it wil both breke it and heale it fayre

for

For a byle that is rotten and not broken.

Take rosted chese and bores grece ẏ is not molten and stampe them togither wel, and fry them a litle and make a plaister and laye it to the bile as hote as he maye suffer it, and at the ferdest it shall breke within .iiii. dayes with .iiii. playsters on warantyes.

A playster for to rot a byle.

Take sincon, and ginger, and milium, and linsede, and mintes, of eche like much, and sethe thē well in water, and make a plaister ther of, and laye it to the sore byle and it will make it to rot.

For to breake a byle or felō without laūcing

Take Angulpertis and the red Docke rotes and Lili rote of eche lyke much, and rost thē and grind thē in a morter, & do therto Bores grece and frye thē al together and make a plaister therof, and lay it to the bile al warme and it shal breke

it within v. dayes & vi. playsters.

For a botche.

Take Crowfote whiles the bile is waxynge, and stampe it and wryng out the ioyce therof, and yf thou wylt haue the byle remoued lay it in another place by, & it shal remoue the sore to the same place, and yf thou laye the drafe and the ioyce bothe in a nutshel, lay it ther thou wilt haue it breake, but let it not cum nerer the swelling thē it was afore, & so thou maist remoue a bile whether thou wilte & whan time cōmeth to hele it vp take way bred & the white of an egge & Hony and clene whete floure & mēgle it wel togither & than make therof a plaister and ỹ will hele it vp.

For to bringe out a botche.

Take the rote and the leues of Strawbery and grynd thē smal. and let the sicke man drinke therof that hath a botche and it shall dryue

Dryue out the botche on warãtise.

Here foloweth dyuers good medicynes for scabbed legges or anye other place of mans body, and fyrst of mannes bodye.

Sethe horehond, celõdine, wormwod, Doreli, Hayes, Elenacãpana in faire rũning water of eche lyke much, and sethe them tyll halfe be wasted and washe therewith the sicke well warme euery day til he be hole.

To do away scabbes.

Take the red docke rotes and Pympernel and scabyous Sorel of boise and Celõdine, and stampe them and temper them with May butter, than frye them well togyther and straine them into a clene vessel and cast therto a good quãtyty of Brimstone pouder, and thã stirre it wel till it be colde & therwith

with anoint the sicke til he be hole

For scabbed legges that ake and brenne.

Take marigoldes, petymorell or plantaine, of ech like much, and stampe them smal and straine out the ioyce there of cleane, & plaister the sore with the ioyce & linē clothes & vse it alwaies til he be hole

For al maner of scabbes or ytchynges.

Take Onions and mince them, & thā sethe thē in water or in Vineger, and than wash therewith the greuaūce and it shal do away the scabbe on the hed, and of al other members.

For a drye scabbe.

Take the ioyce of morell, wyth Oile of Roses or of violettes, and anoynte the Scabbes therwith.

For pushes byles and ytchynge.

Take the rote of the sharpe leued docke or of the roūd docke, stāpe it in a morter & tēpeer it with sharpe

Vyneger

Vineger, & make an ointmēt ther of, and anoynte the greuaunce therwith.

For legges that be broken out.

Take white malowes and bren thē, and take the aſhes that come therof and bores greece together, & ſtampe thē and thā anoint therwith wel thy legges, and alſo take of the ſame aſhes and make therof lye and waſh thy legges therein or that thou anoynt the.

An other for the ſame.

Take the red Docke rote and the rote of Heladen, and the rote of Wormwod & the leues of ỹ Lorel, and May butter and ſtāp thē and ſeth thē with ỹ butter and wringe it through a cloth and do it in a box and ſmere the ſcabbes therwith.

An other for the ſame.

Take the rotes of Elenacāpana & waſh them cleane in faire water, and ſeth thē as ye ſethe perſeneppes

pes and than make the clene and cut them in pecis and knocke the smal with coltes grece and smere the soze therwith.

An other for the same.

Take Bzymstone and quicke Siluer, white Leade, the ioyce of Celodyne, Arnement, fresh grece and the ioyce of Herbe benet, and smere the soze therwith.

Here foloweth diuers good medicynes for Scalles, and to haue away Vermin: and fyrst for Scalles.

Take pitche and clene were, of eche lyke much, and boile them wel togither ouer the fyer and whan it is well medled togyther than put therein a good quantite of the ioyce of rewe, and mingle them well togyther, and take a lynnen clothe and make theron a playster and laye it faste vpō the head ther as the soze swelles, but see the head be shaué afore

and

and let it lye so. iii. dayes, and. iii. nyghtes, and the third day whan it is most colde drawe it sodenlye awaye or he be ware, & after take Hony & the ioyes of Hony sukles ỹ groweth on the Woodbynde, and temper them well togither and anoynte thy heade well therwith & that shall make the heere ware & yf thou may haue no Hony sukle, take than asshes of Otstrawe in the stede therof, but the hony suckles is much better if a man haue them.

An other for the same.

Washe thy heade and shaue it clene and take pitche and vyrgyn waxe and fry them togither & lay it to the head hote and let it lie. ix. dayes without remouynge.

An other for the same.

Take Rye mele and water and make it standynge as a playster, & laye it on the head, and let it lie. iii

dayes

daies & after that wasch the heade tyll thou mayste se nought but the red flesshe, and take smere and the ioyce of Calamynte and frye it in whyte grece and smere the heade often therewyth.

An other for the same.

Take garlike, peper, salt, & of soulters wax & make a plaister therof.

For to do away lyce or nyttes.

Take an vnce of Groundynges of Oyle olyue and .ii. vnces of the groūdinges of Renisshe wyne and an vnce of Arnement & mengle al togethyr & smere the body therw̄.

An other for the same.

Take an vnce of olde smere of a wilde Swine, and the ioyce of Rewe .ii. peny waight, and a halfe peny waighte of quicke Syluer, and half an vnce of quicke Brimstone, an vnce of groūdes of Renysh wyne, an vnce of Arnement and do al togethyr and smere thy

body

body therwith.

For the Paulsey.

Take red fenel, Persly. Sa-uaine, lozel leues of euery of these a handeful, halfe a handefull of white Malowes, and another of Radyshe, another of Auence, two handfull of Primrose leues, a hãd ful of Lauender, a handeful of Is-sope, a handful of Bozage, a hand-full of croppes of red Netell two handeful of Hertestonge. ii. hand-full of Bolsequium, halfe a hand-ful of Violets, a handful of water cresses, and asmuch of Sage, as halfe of al the other herbes amou-teth by weight, and then let wash thyne herbes clene and stampe them and do them in a newe ear-then pot and doe thereto a galon of fyne red wine and three potles of fayre springinge water, and a potell of lyke hony, and let al these sethe togyther tyll they come to a galon

gallon and than take it downe of the fyre and strayne it throughe a strainer, and do it in a faire vessel, and couer it very well, and let the sycke drynke therof at euen hote, and at morne colde till he be hole.

An other for the same.

Take Bellatorye of Spayne, herbe Benet Annis, Persly, Galyngale, Cloues, Nutmegges, Sage, Rewe, Stānache, mares frech Sene, the sede of an herbe called Castor, lōge Peper, of eche lyke much, an vnce or more or les as thou wilt: make them al to pouder and saue them clene and eate of the pouder halfe a sponful with thy pottage, eate euery mele a day during thy lyfe, & washe thy necke and thy handes and al thy iointes in aqua vite and euery thirde day drynke a sponeful of Aqua vite after thy mete.

For the dropsye.

Take

Take water Cresses, and put away the white in the rotes, and the floures in the toppe and wash theym clene, and let them lye tyll the water be renne out of them, & than braye them in a morter, and strayne theym in a lynnen clothe the mountenaunce of a galon, & then boile it and scome it clene, til it be wasted to a potell, for then it wilbe clene and fayre: and when it is colde than take a pynte of hony and put therto and styre them wel togither and scome thē well, and than take al hote put that lycoure in a pot well stopped that no breth enter out, & whē it is cold drincke therof euery day, at morning and euenyng a good draughte and after yf nede be, and it be vsed the dropsye wyll drawe in the legges and than get thy selfe an yssue and so thou mayste be eased.

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